

THE WEXFORD Communicator

JULY / AUGUST 2015



*Sandy Bassett
Executive Director
& CEO, The Wexford
Residence*

THE PAN AM GAMES are over and we can be proud of our Canadian athletes' performance winning a record breaking 217 medals! Next on the calendar is the Para Pan Am Games which are now underway.

Summer is finally here and life at The Wexford is proceeding as planned, with a variety of activities and outings including BBQs, summer socials, outings to the mall and restaurants. It is great to see residents and families enjoying the outdoors and our gazebo!

This is the season for relaxation and much needed vacations, and I encourage everyone to take advantage of our relatively short summer. I know that I will! I will be away on vacation the last week of July and the first week of September.

We have been busy working on our quality initiatives that we identified in our QIP or Quality Improvement Plan, a copy of which is published on our website. We are working to reduce the number of residents with a physical restraint, such as a lapbelt, as best practice guidelines support discontinuing their use. The evidence from research

Summer Update



studies has found that restraints such as lap belts do not prevent falls and indeed may cause more harm. We are also working to enhance our bladder continence program and are implementing a new program that will focus on residents remaining in their underwear, with a liner, rather than using an incontinence brief. This helps to preserve the resident's sense of dignity and pride as they are used to wearing underwear and feel more comfortable in them.

In addition, we are adding a third quality improvement initiative to our QIP, namely reducing the number of residents who are on antipsychotic medication, but do not have a diagnosis of psychosis. This has been covered in the media a lot these past few months and it is a government priority. So like all other nursing homes, we will be reviewing all these residents and discussing with families our plan for reducing the dosage or discontinuing the drugs altogether and then monitoring the effect on their behaviour. We started this initiative in April and we have seen very positive results. Thanks

to all the families/POAs who supported us in this very important project.

Our capital projects for this year are underway as well. We have begun the process of replacing our emergency generator which is expected to be completed by December 31st of this year. Installation of our new security cameras is being completed this month and then we will begin the installation of the elevator lock-outs that I have reported on in earlier editions of The Communicator. These are our three capital projects for this year.

We are also completing two smaller projects. Our hairdressing salon received a make-over thanks to the generosity of our hairdresser, Juliet, who arranged for new hair styling stations to be donated and the volunteers who cost-shared the cost of the renovation with us.

In addition, the tenants are cost-sharing the renovations to the coffee kiosk area on the main floor. In August, you will see an enlarged kiosk area, as



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this will now encompass the coffee kiosk in the morning, the tea room in the afternoon (will move from the mezzanine) and the gift shop throughout the day. The current gift shop will close and a selection of their most popular items will be on sale from a lockable cabinet in the kiosk area. These changes came about as a request/suggestion from the volunteers who man these three areas. It is getting more difficult to find volunteers to keep all these services open, so by combining them, we are able to keep them all open 7 days/week, from 9 am – 3 pm, for the enjoyment of residents, tenants and their families and friends. It is wonderful to see the volunteers and tenants contributing to the cost of these projects and this truly reflects the strong partnerships that we enjoy with these two groups!

On another note, the MOHLTC sent all 'C' homes a long-term care redevelopment survey which had to be completed and returned by May 7, 2015. The Wexford Board of Directors completed the survey as requested and indicated that we do plan to redevelop over the next 10 years. As a 'C' facility, we and 308 other long-term care homes, do not meet the current design standards and so have until 2025 to redevelop. The Wexford is land locked as are all the other Toronto 'C' homes which means that we will likely have to look for a new site outside the City of Toronto, as the cost of land in Toronto is prohibitive for a charitable, non-profit organization such as ours. The MOHLTC does provide about 80% of the cost of construction, with the home expected to fundraise the other 20% and cover the cost of the land. As you can imagine, redevelopment is complex and

time-consuming. In addition to the 166 residents in long-term care, I also have to consider my 90 tenants, as they are an important part of life at The Wexford. However, the MOHLTC is only concerned with the long-term care side of the house. The MOHLTC has started to produce a newsletter related to their redevelopment strategy. If you would like to receive a copy, please email my Executive Assistant, Grace Arnedo at garneda@thewexford.org and she will be happy to send you one. You will be hearing more about this over the next few years, so stay tuned!

As always, if you have any comments or concerns or suggestions please do not hesitate to contact me at 416-752-8879.



ANNUAL Family Picnic

OUR ANNUAL FAMILY PICNIC was held on Saturday June 20th. Residents and families were treated to a beautiful summer day.

It was another sold out event! This year we enjoyed the music of the new entertainers to our home, Colors Duo, who sang many classics that had everyone up on their feet dancing.

A special thank you to Daisy and her Dietary Team for assisting with the food, Senior Management and Administration Team for assisting during the



◀ *Sandy Basset with Jean Gault and her daughter-in-law Brenda Bannerman.*

▼ *Frank Snelgrove with family and friends. Daughter Judy Christian and her husband Peter Christian, daughter Debbie Snelgrove and son Robert Snelgrove.*

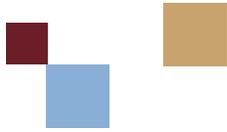


event and to the Activation Team for organizing a wonderful day for All! Thanks to our amazing families and residents who came out and made the afternoon a great success.

I look forward to our upcoming Fall Harvest Social to be held on September 11th. Details to follow.



*Wayne Connelly
Director of Program Support Services*



GET TO KNOW YOUR Family Council

THE WEXFORD FAMILY COUNCIL is an independent body of like minded family members who meet every month on the third Tuesday to learn, share, provide support and explore improvements to the care of our family members.

This past year the education topics have covered presentations by the Director of Care, Alice Jyu, the Dietary Staff, Daisy Lin, Food Services Manager and Jan Tingley, Dietician and Kris Ciesielski, Director of Environmental Services. From these presentations we have learned how the process develops and hope to keep family members informed on procedures and care. We also have a quarterly report from the CEO, Sandy Bassett who updates us on all the

current activities, concerns and on-going projects. She reports on any new inspections, building/renovation projects, celebrations and workshops the staff have attended.

Over the past year the Family Council has held two Pot-Luck dinners, one for Christmas and one for the summer. Finger-foods and residents, tenants, staff and of course family members and friends are always welcome. We also held a free movie and a pizza afternoon to celebrate Family Council Week and showed the movie, *Alive Inside*, enlightening people to the ravages of Alzheimers on loved ones and what part music can play to comfort those suffering from this terrible disease.

Please come and join us any third

Tuesday of the month in the boardroom on the activity level from 7:00pm to 9:00pm and bring your ideas or concerns to share. Check our flyers on the Family Council Bulletin Board on each floor to see who the speaker is that month or if it is going to be a meeting, an AGM or Pot Luck event happening. If you want to contact the Family Council take one of our brochures. If there are none left on the floor they are also kept on the main floor next to the elevators where all the brochures are available. You may just find the phone numbers on the back helpful.

Patti Bentley
Secretary, Wexford Family Council

NEW PROCEDURE FOR RESIDENT'S Casual Leave of Absence/or Day Outing

ON AUGUST 1ST 2015, the Nursing Department implemented a new procedure for residents leaving the Home with families/friends/visitors on a casual leave of absence or a short outing. The purpose of this new procedure is to help keep track of residents leaving the Home for a short while for reasons of their safety and better care monitoring.

Family members/friends/visitors who are taking the resident out will be required to sign the resident out and sign back in on the Leave of Absence/Outing binder

located at each of the nursing stations. Please note – the sign in and sign out sheet at the Ground floor reception will still need to be signed off by all families, visitors, volunteers and contractors to the Home as part of the Home's standard /infection control, fire and safety procedure.

If you have questions or require more information, please direct them to the Director of Care at 416-752-4477 (Alice Jyu) or Nurse Managers at 416-701-2508 (Fida Al-Khatib) & 416-701-25041 (Iryna Zhuk). You can also speak to the nursing staff on the floor.



The views expressed in this publication are the views of The Wexford Residence and do not necessarily reflect those of the LHIN or the Government of Ontario.

The Wexford Residence

1860 Lawrence Avenue East
Toronto, ON M1R 5B1

- Long-Term Care
- Independent Seniors Apartments
- Active Seniors Centre

Tel. (416) 752-8877 or 1-877-807-0810

Email: information@thewexford.org

www.thewexford.org

Golf Tournament 2015



TUESDAY JUNE 23rd was a beautiful day for golfing with lots of sunshine and no rain clouds in sight!

186 golfers came out and had a great time golfing with their friends and colleagues. This is our tenth year partnering with Advent Valleyview Residence, Chester Village, Nisbet Lodge and Mariann Home. To celebrate this important milestone, we added "golfing with the pro" and a bonus anniversary contest on both courses, as well as finger foods donated by The Palace Restaurant on the Danforth and Venture Computers Canada.

The Tournament raised gross revenue of \$123,940.00 which includes \$6,972.00 from the silent auction (\$13,156 over last year's gross revenue). The activity at the Silent auction tables was very brisk, golfers bidding on great items such as hockey, baseball and entertainment tickets, restaurant gift cards and lovely gift baskets.

Thanks to all our supporters, this was once again a financially successful event. All five homes will be able to fund important projects that will directly benefit their seniors. Our share of \$21,000 (net) will go toward the purchase of ceiling lifts for our residents.

To show our appreciation for the commitment and generosity of our supporters, we would like to acknowledge the following Tournament Sponsors:

LEAD SPONSOR:	Medical Pharmacies
BANQUET SPONSOR:	Achieva Health
LUNCH SPONSOR:	Aquicon
GOLF CART SPONSOR:	Medisystems
PROMOTIONS SPONSOR:	Shoppers Home Health Care
SILENT AUCTION SPONSOR:	Brimley Medical Centre
HOLE-IN-ONE SPONSORS:	Hub International & Leslie Group

HOLE SPONSORS: Absolute Alliance, Ataja Electric, Indus Systems, Mark Waterman, Mary Ellen Trimble, The Wexford Volunteers and Willowdale Physiotherapy.

ANNIVERSARY SPONSORS: Paul O'Connor Funeral Home and Sunbright Linens.

FRIENDS OF THE TOURNAMENT DONORS (\$300 AND OVER): Brimley Medical Centre and Trace Electric.

SILENT AUCTION DONORS: Thanks to all the silent auction contributors for the lovely items donated.

Special thanks to our Golf Committee who work very hard to recruit sponsors and golfers every year.

And finally thanks to our MC Alan Butryn and our volunteers for their commitment to help make this event an enjoyable experience for the golfers and all involved.

Looking forward to 2016... We will keep you posted!

**Once again...
Thank You!**



*FRONT ROW LEFT TO RIGHT: Sandy Bassett, Nancy Solomon (Medical Pharmacies) and Cynthia Diotte.
BACK ROW: Puneet Khanna (Medical Pharmacies) Glen Moorhouse, Bernard Boreland and Mike Savatovich.*



Mike Savatovich, David Barker and Cindy Noah.