

July 2018

Dexford

Please Note Programs are subject to change

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 10:00 Hymn Sing 11:15 Roman Catholic Service -Chapel- 2:00 Canada Day Celebration -Main Dining Room-	2 10:00 Group Exercises Main Dining Room 2:00 Canada Quiz Social 6:00 Snoezelen	3 10:30 Anglican Service -Chapel- 2:00 Word Games	4 10:30 Snoezelen 2:00 Garden Walks 6:00 Bowling	5 10:00 Morning Stretches 2:00 Name that tune	6 10:30 Group Exercise -Main Dining Room- 2:30 Strawberry Social -Dining Room-	7 10:30 Parachute Fitness -Main Dining Room- 2:00 Saturday Afternoon Pub -Main Dining Room-
8 10:00 Worship Service Led By Dr. Hernandez 11:15 Roman Catholic Service -Chapel- 2:00 Sunday Afternoon Bingo	9 10:00 Morning stretches 2:00 Art Class	10 10:30 Anglican Service -Chapel- 2:00 Ice Cream Social	11 10:30 Stroll in the garden 2:00 Cards & Games	12 10:00 Ball Toss 2:00 Stroll in the garden	13 11:00 Shopping Outing -Sign-Up-	14 10:30 Parachute Fitness -Main Dining Room- 2:00 Saturday Afternoon Pub Featuring Michelle -Main Dining Room-
15 10:00 Hymn Sing 11:15 Roman Catholic Service -Chapel- 3:00 Church Group -Main Dining Room-	16 2:00 Apple Pie/ Tea and Music 6:30 Trivia	17 10:30 Anglican Service -Chapel- 2:30 Residents Council -5th Floor Dining Room-	18 10:30 Roman Catholic Mass -Chapel- 2:00 Art Class 6:00 Name that tune	19 10:00 Stroll in the garden 2:00 Classical movie	20 12:00 BBQ-2-5-6 Featuring TBA -Patio-	21 10:30 Parachute Fitness -Main Dining Room- 2:00 Saturday Afternoon Pub -Main Dining Room-
22 10:00 Worship Service Led By Dr. Hernandez 11:15 Roman Catholic Service -Chapel- 2:00 Sunday Afternoon Bingo	23 10:00 Morning Stretches 2:00 Reading	24 10:30 Anglican Service -Chapel- 2:00 Entertainment with Brian	25 10:30 Friendly visits 2:00 Helping hands	26 10:00 Exercise 2:00 Name that tune	27 12:00 BBQ-3/4/7 Featuring Brian -Patio-	28 10:30 Parachute Fitness -Main Dining Room- 2:00 July Birthday Celebration -Main Dining Room-
29 10:00 Hymn Sing 11:15 Roman Catholic Service -Chapel- 2:00 Sunday Afternoon Bingo -Main Dining Room-	30 2:00 Clair & Terry -Dining Room- 6:30 Sing-A-Long	31 10:30 Anglican Service -Chapel- 2:00 Name that tune				

Main Floor Programs

Floor Programs