


July 2018

Dexford

Please Note Programs are subject to change

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 10:00 Hymn Sing 11:15 Roman Catholic Service -Chapel- 2:00 Canada Day Celebration -Main Dining Room-	2 10:00 Group Exercises Main Dining Room 2:00 Brain Games	3 10:30 Anglican Service -Chapel- 2:00 Word Games 6:00 Meet & Greet	4 10:00 Exercises 2:00 Garden Walks 6:00 Name That Tune	5 10:00 Morning Stretches 2:00 Beauty Corner 6:00 Music Appreciation	6 10:30 Group Exercise -Main Dining Room- 2:30 Strawberry Social -Dining Room-	7 10:30 Parachute Fitness -Main Dining Room- 2:00 Saturday Afternoon Pub -Main Dining Room-
8 10:00 Worship Service Led By Dr. Hernandez 11:15 Roman Catholic Service -Chapel- 2:00 Sunday Afternoon Bingo	9 10:00 Group Exercise 2:45 Word Trivia	10 10:30 Anglican Service -Chapel- 2:00 Ice Cream Social 6:00 Comedy Night	11 10:00 Drum Circle 2:00 Garden Walks 6:00	12 10:00 Movement to Music 2:00 Beauty corner	13 11:00 Shopping Outing -Sign-Up-	14 10:30 Parachute Fitness -Main Dining Room- 2:00 Saturday Afternoon Pub Featuring Michelle -Main Dining Room-
15 10:00 Hymn Sing 11:15 Roman Catholic Service -Chapel- 3:00 Church Group -Main Dining Room-	16 10:00 Group Exercise 2:00 Stories in a Hat	17 10:30 Anglican Service -Chapel- 2:30 Residents Council -5th Floor Dining Room-	18 10:30 Roman Catholic Mass -Chapel- 2:45 Walk down Memory Lane	19 10:00 Movement to Music 2:00 Men's Club	20 12:00 BBQ-2-5-6 Featuring TBA -Patio-	21 10:30 Parachute Fitness -Main Dining Room- 2:00 Saturday Afternoon Pub -Main Dining Room-
22 10:00 Worship Service Led By Dr. Hernandez 11:15 Roman Catholic Service -Chapel- 2:00 Sunday Afternoon Bingo	23 10:00 Morning Stretch 2:45 Men's Club	24 10:30 Anglican Service -Chapel- 3:00 - Beauty corner 6:00 Un-Scrabble this!	25 10:00 Drum Circle 2:00 Garden Walks	26 10:00 Brain Games 2:00 Name that Tune	27 12:00 BBQ-2-5-6 Featuring Brian -Patio-	28 10:30 Parachute Fitness -Main Dining Room- 2:00 July Birthday Celebration -Main Dining Room-
29 10:00 Hymn Sing 11:15 Roman Catholic Service -Chapel- 2:00 Sunday Afternoon Bingo -Main Dining Room-	30 10:00 Moring Stretches 2:00 Clair & Terry -Dining Room-	31 10:30 Anglican Service -Chapel- 2:00 Word Trivia 6:00				

5th Floor



**Recreation & Pastoral Care
Calendar**

Main Floor Programs

Floor Programs