

July 2018

Dexford

Please Note Programs are subject to change

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 10:00 Hymn Sing 11:15 Roman Catholic Service -Chapel- 2:00 Canada Day Celebration -Main Dining Room-	2 10:30 Group Exercises Main Dining Room 2:45 Brain Games	3 10:30 Anglican Service -Chapel- 2:45 Word Games	4 10:30 Exercises 2:00 Garden Walks 6:00 Name That Tune	5 10:30 Morning Stretches 2:45 Beauty Corner 6:00 Trivia	6 10:30 Group Exercise -Main Dining Room- 2:30 Strawberry Social -Dining Room-	7 10:30 Parachute Fitness -Main Dining Room- 2:00 Saturday Afternoon Pub -Main Dining Room-
8 10:00 Worship Service Led By Dr. Hernandez 11:15 Roman Catholic Service -Chapel- 2:00 Sunday Afternoon Bingo	9 10:30 Move to Music 2:00 Sing-A-Long	10 10:30 Anglican Service -Chapel- 2:00 Ice Cream Social 6:00 Comedy Night!	11 11:00 Drum Circle 2:00 Garden Walks	12 10:30 Group Exercise 2:45 Beauty corner	13 11:00 Casino Outing -Dining Room-	14 10:30 Parachute Fitness -Main Dining Room- 2:00 Saturday Afternoon Pub -Main Dining Room-
15 10:00 Hymn Sing 11:15 Roman Catholic Service -Chapel- 3:00 Church Group -Main Dining Room-	16 10:30 Group Exercise 2:45 Brain Games	17 10:30 Anglican Service -Chapel- 2:30 Residents Council -5th Floor Dining Room-	18 10:30 Roman Catholic Mass -Chapel- 2:00 Word Trivia	19 10:30 Group Exercise 2:45 Word Games	20 12:00 BBQ-2-5-6 -Patio-	21 10:30 Parachute Fitness -Main Dining Room- 2:00 Saturday Afternoon Pub -Main Dining Room-
22 10:00 Worship Service Led By Dr. Hernandez 11:15 Roman Catholic Service -Chapel- 2:00 Sunday Afternoon Bingo	23 10:30 Morning Stretch 2:45 Un-Scrabble This!	24 10:30 Anglican Service -Chapel- 2:45 Garden Walks 6:00 Name That Tune	25 11:00 Drum Circle 3:00 In The Garden	26 10:30 Word Trivia 2:45 Let Bake!	27 12:00 BBQ-2-5-6 Featuring Brian -Patio-	28 10:30 Parachute Fitness -Main Dining Room- 2:00 June Birthday Celebration -Main Dining Room-
29 10:00 Hymn Sing 11:15 Roman Catholic Service -Chapel- 2:00 Sunday Afternoon Bingo -Main Dining Room-	30 10:00 Word Trivia 2:00 Clair & Terry -Dining Room-	31 10:30 Anglican Service -Chapel- 2:45 Memory Lane				
<p style="text-align: center;">Main Floor Programs Floor Programs</p>						

6th Floor

**Recreation & Pastoral Care
Calendar**