


Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<i>1</i> 10:00 –3:30 Calendar and News letter Handout 1:1 Visits	<i>2</i> 10:00 Morning Stretches 2:00 Group discussions	<i>3</i>	<i>4</i> 10:30 Parachute Fitness -Main Dining Room- 2:00 Saturday Afternoon Pub -Main Dining Room-
<i>5</i> 10:00 Worship Service Led By Dr. Hernandez 11:00 Roman Catholic Service -Chapel- 2:00 Sunday Afternoon Bingo	<i>6</i> 2:00 Island Fever Social Patio	<i>7</i> 10:30 Anglican Service -Chapel- 2:00 Memory Games 6:30 Stories in a HAT	<i>8</i> 10:00 Group Exercise 2:00 Outdoor walks 6:00 Bingo -Dining Room-	<i>9</i> 10:00 Morning Stretches 2:00 Entertainment with Michelle Glean -Main Dining Room-	<i>10</i> 10:30 Group Exercise -Main Dining Room- 1:30 TBA -Outing-Sign-Up-	<i>11</i> 10:30 Parachute Fitness -Main Dining Room- 2:00 Saturday Afternoon Pub -Main Dining Room-
<i>12</i> 10:00 Hymn Sing 11:00 Roman Catholic Service -Chapel- 2:00 Sunday Afternoon Bingo -Main Dining Room-	<i>13</i> 10:00 Group Exercise 2:00 Brain Games	<i>14</i> 10:30 Anglican Service -Chapel- 2:00 Beauty corner	<i>15</i> 10:30 Roman Catholic Mass -Chapel- 2:30 Garden Strolls	<i>16</i> 10:00 Ribbon Exercises 2: 00 Meet & Greet	<i>17</i> 12:00 Floor BBQ 5-6 Floors -Patio-	<i>18</i> 10:30 Parachute Fitness -Main Dining Room- 2:00 August Birthday Celebration -Main Dining Room-
<i>19</i> 10:00 Worship Service Led By Dr. Hernandez 11:00 Roman Catholic Service -Chapel- 2:00 Sunday Afternoon Bingo -Main Dining Room-	<i>20</i> 10:00 Brain Games 2:00 Clair & Terry -Dining Room-	<i>21</i> 10:30 Anglican Service -Chapel- 2:00 Through Our Eyes 5-6 Bill of Rights Review 6:30 Meet & Greets	<i>22</i> 10:30 Move to the Music 2:00 Meet & Greets	<i>23</i> 10:00 Ribbon Exercises	<i>24</i> 10:30 Group Exercise -Main Dining Room-	<i>25</i> 10:30 Parachute Fitness -Main Dining Room- 2:00 Saturday Afternoon Pub -Main Dining Room-
<i>26</i> 10:00 Hymn Sing 11:00 Roman Catholic Service -Chapel- 2:00 Sunday Afternoon Bingo -Main Dining Room-	<i>27</i> 10:00 Morning Stretches 2:45 Board Games	<i>28</i> 10:30 Anglican Service -Chapel- 2:00 Un-Scramble Me!	<i>29</i> 10:00 Group Exercise 2:00 Famous Faces, Famous Places	<i>30</i> 10:00 Exercises	<i>31</i> 10:30 Group Exercise -Main Dining Room- 2:30 Entertainment Ft. James Cormier -Dining Room-	

Please Note Programs are subject to change

Main Floor Programs

Floor Programs

Recreation & Pastoral Care
Calendar