Issue 18 July-August 2010





INSIDE THIS ISSUE:

FROM SANDY'S DESK

I'D LIKE YOUR INPUT CONTINUED 3 FROM PAGE 1

2

4

8

ACCREDITATION 2010 A SUCCESS STORY

RESIDENT FAMILY PICNIC5WELCOME TO NEW FACESFAREWELL TO CHERYL MARTINSTAFF BARBECUE

2010 GOLF TOURNAMENT REPORT 6

THANK YOU TO ALL OUR DONORS 7

DONATION OPPORTUNITY



COMMUNICATOR

I'D LIKE YOUR INPUT

I am thinking about making some changes to the front lobby and would like your input.

Problem:

- Everyday the residents who eat in the Main Dining Room wait in the lobby for the elevators. They sit directly in front of the main doors which are constantly opening and closing. The residents are exposed to cold blasts of air coming in from the outside.
- The congestion in front of the elevators with all the wheelchairs and walkers make it a safety concern especially if we ever had a fire or needed to evacuate the building.
- The reception staff also complain of the cold drafts in the winter and the heat in the summer from the overhead windows.

Proposed Solution:

- Put up a wall of some kind which would extend from the main door to the pillar on the left, as you walk in to the building. The wall could be glass, glass block (like the dining room washroom walls), frosted glass or wood. It would only be about 7' high and ~13 long depending on the design.
- 2. Relocate reception to the administrative office and redesign that area with a proper reception desk.
- 3. The current reception area would be cleaned out and would be used as a staging area for residents waiting to go back up the elevator. I would mount a flat panel TV on the back wall so the residents would have something to watch while they wait.
- 4. All visitors entering the building will be expected to sign in at the new reception area. This is our current policy but it is difficult to enforce; however with the new wall and reception area, this will be easier to control.

..... Continued on page 3

From Sandy's Desk



Long-term care is extremely busy these days. We have seen more changes this summer than ever before. All the changes are significant and have a lot of implications for residents, staff and management.

There are three changes of note:

- 1. Long-Term Care Homes Act, 2007 and Regulation 79/10.
- 2. Long-Term Care Service Accountability Agreement (L-SAA), and
- 3. Compliance Transformation.

The Ministry of Health and Long-Term Care has stated that "The health care system in Ontario is becoming focused on providing quality, evidence-based resident care and transparent performance reporting".

Long-Term Care Homes Act, 2007 and Regulations

The new LTCHA and Regulation replace the three previous acts that governed the sector, namely the Nursing Homes Act, Charitable Institutions Act (which governed The Wexford) and the Homes for the Aged and Rest Homes Act. The LTC Homes Program Manual was also eliminated.

There are 10 sections to the Act covering the following:

- 1. Preamble
- 2. Residents: Rights, Care and Services
- 3. Admission of Residents
- 4. Councils
- 5. Operation of Homes
- 6. Funding
- 7. Licensing
- 8. Municipal Homes and First Nations Homes

9. Compliance and Enforcement, and10. Administration, Miscellaneous & Transition.

A copy of the Act and Regulation is available at: <u>www.e-laws.gov.on.ca</u> or at the Admin Office, from 8 am - 4 pm, Monday through Friday. The MOHLTC has provided some funding to the long-term care homes to help with the cost of implementing the new requirements such as increased hours for the dietitian.

Changes with the new Act include an expanded Residents' Bill of Rights, the establishment of Councils (Every home must have a Resident's Council and every home may have a Family Council), an integrated interdisciplinary approach to care planning and delivery and continuous quality improvement and utilization review systems.

L-SAA

This is a new service agreement, administered by the Central East Local Health Integration Network (CE LHIN). A copy of the L-SAA is available on our website at <u>www.thewexford.org</u> and is also posted on the public documents pillar in our lobby. This document includes a 15 year license for The Wexford.

Compliance Transformation

This is an entirely new process. In the past we had a Compliance Advisor (CA) who did an annual, unannounced inspection of the home over two or three days. If there were any unmet standards, the CA would issue a report listing the unmet standards which we posted in the lobby with our other public documents.

We were expected to submit an action plan to address each of the unmet standards and the CA

would then do another unplanned visit to see if we can correct the problem.

The new process involves a team of Inspectors who have received extensive training in the new Quality Indicator Survey or QIS as part of the Resident Quality Inspection (RQI). It is a resident-centered process in that the inspectors will talk to the residents first, will observe processes within the home, will conduct family and staff interviews and review the health records of the residents.

This new process has undergone extensive research by clinical experts to identify Quality of Life and Quality of Care Indicators (QCLIs). There are 136 resident-centered outcome and process indicators in 34 care areas. Each QCLI has a defined numerator, denominator and relevant exclusions. It also uses structured yes/no interview questions.

There are also 12 resident-related inspection protocols (IPs) and 14 home-related inspection protocols as well as 7 mandatory home related IPs.

As you can see, the new process is very different and appears to be rather complex and I have not outlined all the new processes. I am sure, though, that once we have all gone through one inspection process, it will become clearer to all of us.

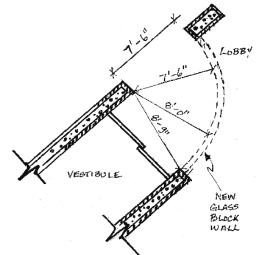
As always, we welcome the new inspection process and will work with the MOHLTC to ensure that we are compliant with all aspects of the new Long-Term Care Act and Regulations and Compliance Transformation to uphold the Fundamental Principle "...that a long-term care home is primarily the home of its residents and is to be operated so that it is a place where they may live with dignity and in security, safety and comfort and have their physical, psychological, social, spiritual and cultural needs adequately met".

Sandy Bassett Executive Director

I'D LIKE YOUR INPUT continued from page 1

Proposed solution continued

5. It will be safer for residents at risk of wandering as this is a controlled entrance.



Plan:

- 1. I have put tape on the floor of the lobby where I propose to put the wall.
- 2. I have reviewed my plan with our architect and it meets all building code requirements.
- 3. Seeking input into this change from residents, tenants, staff and family members.
- 4. I would like to make a decision by September so that something is in place for this winter

If you have an idea, suggestion or concern please do not hesitate to contact me at x225 or via email at sbassett@thewexford.org.

UPDATE

Accreditation 2010 Is Almost Here!

We will be welcoming Janice Dunn and Dorothy Ferguson

two surveyors from Accreditation Canada on September 8, 9 and 10th. They will be completing an in-depth assessment of the quality of care that we provide to our residents using a program called QMentum.

The QMentum process provides us with a series of Quality Standards in areas related to Resident Care & Safety, Infection Control and Medication Management. Over the past several months, our internal Accreditation Teams have been reviewing our processes and practices against the standards. This review has confirmed our areas of strength and assisted us in identifying areas for improvement.

When the surveyors are on site, they will be tracing key systems and processes through:

- One on one interviews with residents, staff and family members.
- Holding a focus group with our Community Partners.
- Reviewing supporting policies, reports and documents.

We will receive a debriefing from our surveyors on September 10th. We look forward to positive outcomes and feedback that will provide us with the opportunity to make continuous improvements in support of our commitment to quality care for our residents.

Shelly Gorchynski Accreditation Coordinator



Dinu Badescu came to The Wexford in the summer of 2006. He was totally dependent on us to meet all of his needs. With lots of encouragement, excellent care and his determination to

regain control of his life, Dinu slowly began to work towards his goal of living independently in an a apartment.

Our Dietitian, Jan worked with us to transition Dinu to oral foods. This was a long process, as he started with pureed, then minced and then regular texture, with frequent assessments by the nurse and Dietitian.

Our Physiotherapist, Vino worked with Dinu three days per week. Dinu was very committed to his exercise program and each day he developed his own routine. He has lost his vision in one eye, however, with the assistance of a magnifier from CNIB was able to use his computer.

Dinu grew stronger and learned to transfer himself using a wheelchair and eventually to take wheel transit and would often go out on trips unescorted. In May 2010, Dinu achieved his goal and was discharged to independent living. He was very happy and often returns to visit and thank all the nurses who worked with him to accomplish his goal.

Esther Spencer Director of Care



This year's annual picnic was held on Saturday June 5th, 2010. Strong winds and a forecast of rain seemed to want us indoors. As the morning stretched on, the sun started to appear through the dark clouds overhead showing signs of a beautiful afternoon ahead. Soon after, the aroma of hamburgers and hot dogs filled the air as John Rankin cooked up his own version of a storm.

The event was well attended by residents, family members, friends and volunteers. I would like to thank the staff and volunteers, who helped to make this event a great success.

We look forward to seeing you next year. The date is Saturday June 4, 2011! *Mark your Calendar!*

New this Year!

We will be having a "*Country Fair*" in the back garden on September 17th at 5:00 pm. The fair will include a campfire, corn roast, hot chocolate, marshmallows, and entertainment. *Save the date and stay tuned for more information!*

Wayne Connelly Director of Life Enrichment & Volunteer Coordinator

Welcome to.

Daisy moved from China to Canada four years ago with a bachelor degree in literature. In 2006 she enrolled in the Food and



Daisy Lin Food Services Manager

Nutrition Management Program at Centennial College and two years later graduated with honours. Daisy was the Food Services Manager at Markhaven Home for Seniors before coming to the Wexford. We are pleased to have Daisy on board and look forward to working with her.



Cheryl Martin Food Services Manager

Cheryl Martin was accepted into the Dietitian Internship program offered through Aramark Canada. We wish Cheryl

all the best as she begins a new career as a Dietitian.

A Staff Appreciation BBQ was held for all staff on July 8 in the back garden. It was a beautiful



day and staff enjoyed the hamburgers, sausages, salad and cake. A number of prizes were given out and Jessie Torres, our casual evening janitor won the day off with pay, a number of staff won free manicures and pedicures as well as our new Wexford mugs.

ISSUE 18 2010 Golf Tournament Report

PAGE 6

Lead Sponsor: Achieva Health-Toula Reppas and Tony Mellos, Mark Dailey citytv and Jeff Bassett

Carl Hoffman & friends

The Wexford's Fifth Annual Charity Golf Tournament in partnership with Nisbet Lodge, Mariann Home and Valleyview Residence was held on Wednesday June 23, 2010.

131 golfers enjoyed a beautiful sunny day at Remington Parkview Golf &Country Club, which has been the home of our tournament for the past four years. The day kicked off at 8:30 am with Mark Dailey, (the voice of Citytv) opening the tournament. With the addition of our new partners, Mariann Home and Valleyview Residence, we were able to achieve our goal to have a modified shot gun start.

Golf was followed by a luncheon, presentation of prizes and silent auction. The silent auction raised \$4,640. Items included hockey tickets, baseball tickets, a barbecue, and a flat screen TV.

Thanks to our enthusiastic golfers, tournament sponsors and supporters for making our Fifth Joint Annual Golf Tournament successful. This year's Tournament raised a net of \$41,000. Our share of \$14,000 will go towards the purchase of memory boxes for each resident's room.

A special thank you to Mark Dailey - the voice of Citytv, who took the time out from his busy schedule to be with us again this year.

We would like to take this opportunity to thank all our sponsors and supporters for their generosity and commitment to our tournament in support of our seniors. Drs. Larry & Tommy Bacher John Bacher and Joe Glinisky

Lead Sponsor: Achieva Health: Toula Reppas & Tony Mellos **Banquet & Golf Cart Sponsor** Medical Pharmacies: Steve Pearson **Prize Sponsors:** Brimley Medical Centre: Dr. Tommy Bacher and Dr. Larry Bacher Precise Parking : Luigi Lato **Tournament Signage:** Graphix Design: David Barker **Hole Sponsors**: Absolute Alliance, Almec Mechanical, Bass Associates, BOMA, Carlon Fire, Corbit Flooring, Complete Purchasing, Exclusive Alarms, Kermerer Group, Mary Ellen

Trimble, PointClickCare, SCA and The

Thanks to all our silent auction sponsors, friends of the tournament and our tenants. We appreciate your commitment to support us each year.

Wexford Volunteers.



Bob Robinson, Mary Ellen Trimble, Sandy Bassett & Sue Gilmour

A special thanks to our many volunteers for their enthusiasm and great teamwork.

Looking forward to next year - June 22, 2011 Don't miss it! Mark Your Calendar!

A VERY SPECIAL THANK YOU TO ALL OUR DONORS!

The Wexford Residence Foundation would like to take this opportunity to extend a deep heartfelt thank you to all of our donors. We appreciate your continued support:

Absolute Air Systems Ltd.

Absolute Alliance Accent Building Sciences Act li Landscaping & Snowplowing Adshead, David Almec Mechanical Services Inc. Amiro, Burton Anderson, Angella Annetts, Wallace Arfo, Frances Askew, Ila Axidata Inc. Bacher, Larry Bacher, Tom Ball & Alexander Bank Of Montreal Barker, David Barker, Tina Barnes, Kathleen Bassett, Sandy Bell, Dorothy Bellamy, Ruth Belma Management Ltd Benac, Nicholas Bennett, Frances Bennink, Janice Bilyk, Keith Bilyk, Ronald Bird, Alfred Bishop, Carolyn Bishop, Joan Bishop-Ashe, Amanda Blake, Verna Boma Toronto Boundy, Judith Bowers, Lillian Boyd, Carol Boylan, Phil Brandt, Cathy Branscombe, Susan Brawley, Douglas Breese, Elizabeth Brimley Medical Centre Britton, Barbara Britton, Edna Broadlands Community Centre -Older Adults Brown, Barbara And Alan Brown, Doreen Brown, Elizabeth Brown, Frank Brown, Jeffrey Brown, Stephen Burrows, Viola Burton, Paul C2C Construction Ltd. Cachia, Will Caires, Emanuela Campbell, Cynthia Campbell, Lindsey Campbell, Martin Campbell, Prince Campbell, Wallace Capra, Stanley Carestaff Services Inc. Carlon Fire Equipment Ltd Carson, Betty Casuccio, Cecilia Catalano, Bessie Chadwick, Rose Marie Challoner, Carol Challoner, Evelyn Chan, Wing Fai Chapman, Joan Chipperfield, Evelyn Chung, Allen Clark, Louise Clark, M. Clarke, Ruth Codlin, William Collier, Ethel Collier, Linda Columbia Highrise Windows Comfy Cotton Diaper Service Inc. Complete Purchasing Services Inc. Connell, Wayne

Cook, Marilyn Cooperstock, Ramona Copplestone, Donald Corcar Consulting Incorporated Corey, Mary Coutemanche, Brenda Cowie, Brian Cronkwright Walkins, Joan Cunningham, Anne D'mello, Lawrence D'souza, Colleen D'souza, Naomi Da Vinci Flower Shop Ltd. Daniel, Deborah Darraugh, Joseph Darroch, Norah Davidson, Helen Davidson, Silvia Davis, Kathleen Davison, Marjorie Day, Audrey Dee, Roger Di Blasio, Susan Dickson, Marjorie Doner, Dianne Doney, Doreen Edgar, Dorothy Edge, Margot Eglinton-Bayview Physiotherapy Centre Ernst & Young Llp Ferguson, Dorothy Fetherston, Vivienne First General Services Ltd. Fitzakerley, Evelyn Fitzgerald, Joan Fletcher, Liz Foggett, Ivy Folkes, Dorothy Foxall, Paulette Frame, Paterson J. Frame-Adshead, Kathy Francucci, Concetta Fraser, Beryl Fraser, Constance Freeman, Caroline French, Jeannette Frith, Charles Frith, Doug Fullerton, Grace Futuremed Health Care Products Gage, Marlene Galloway, Peggy Gauthier, Raymond Genovese, Bobby George, Claudia Gholami-Sojasroudi, Hamideh Gibson Paul Giles, Gary Gilmour, Elizabeth Gilmour, Susan Gilpin, Carol Gilpin, Edward Gilpin, Janice Gilpin, John Gilpin, Linda Glover, Don Goldlist, Bariv Goliss, Diana Gollings, Helen Gonsalves, Carol Grace, George Graham, Lynda Gray, Dave Group 4 Interiors Guerriero, Perry Gunn, James Hanson, Elaine Hartford, Joan Hay, Mary Leona Haydon, Robert Helliwell, Margaret Henderson, James Henry, Margaret Hernandez, Claudia Herron, Larry Hillmount Public School Hirst, Pearl Hirst, Stella Hmt Sales Tax Consultants Inc. Hobbs, Lillian Hodge, Kathy Hodge, Pat Hodgson, Phillip Hodgson, Sarah Hodgson, Shelagh Hoffman Carl

Holmes, Margaret

Holroyd, Diane Hornyak, Betty Howe, Cheryl Howe, Denise Howe, John Howe, Mary Howell, Robin Hub International Ontario Ltd Hunt, Edna Hunt, Frank Image Advantage Inc. Indus Systems Interiors By Angela Invacare Continuing Care Group Jamal, Al Jeffery, Ann Joachimides, Kosta Johnson, Phyllis Johnson, Ross Johnston, David Johnston, Elizabeth Johnston, Jean Johnston, Shirley Jones, Carol Anne Joseph, Shantha Jvc Canada Inc. Kalaiian, Araxi Kearney, Patricia Kimura, Rose Kimura, Tomio King, Mary Klinck, Violet Kling, Erika Klodt, Gail Knapton, Barbara Knapton, Georgina Ko, Chuen Kozak, Doug Kozak, John Kozak, Walter Kratz, Rosemary Kroener, Ilse Kulmala, Mary Kurpatov, Irina Lam, Robert Langschmidt, John Lazazzera, Mary Lenahan, Kim Lewis, Melina Lewis, Rose Locke, Lee Lockett, Pam Longworth, Evelvn Longworth, Jim Lootsteen, Rienie & Harry Lootsteen, Rienie & Harry Lorne Miller & Associates Inc. Loughridge, Nancy Lundy, Marilyn Lyn, Hector Mackenzie, Doug Mackenzie, Doug Mackenzie, Doug Mahdessian, Azadouhie Maheswaran, Thangaratnam Malvern Contract Interiors Mander, Bernice Manherz, Nicholas Manina, Paul Marksfield, Sylvia Marshall, Helen Marshall, Jane Martin, Dennis Masters, Marilyn Mathews, Dinsdale & Clark LLP Maugham, Joy Mc Health Care Products Mcburney, Joan Mccabe, Ellen Mccabe, Irene Mccabe, Shirley E. Mccaughey, Betty Mccaw, Dan Mccolm, Welma Mccorry, Patricia Mccuthcheon, Ron Mcdonell, Lyn Mcdowall, Archie Mceachern, Norma Mcgregor, Jean Mckibben, Margaret Mclelland, Isabella Mcleod, Alan Mcloughlin, Nancy Mcmechan, Colin Mcqueen, Barbara Mcqueen, Grace Mcvicar, Marian Medico Pharmacy Medical Mart

Medirex Systems Limited Mende, David Menhenitt, Donna Mileris, Ramona Minemoto, June Missori, Rolando Mletzko, Joanne Mocherniak, Suzanne Motion Specialities Moon, Derek Moore, Maureen Morra, Addororata Morra, Assunta Morra, Luigi Morrison, Jean Mowatt, Boswell Mowatt Susan Natalie, Shirley Nicholls, Wendy Nicholson, Joyce Nielsen, Jean Norton Mcmullen & Co. LLP Oakley, Clarence Oakley, Mildred Oleschuk, Karen Onge, Jeanette St. Orr, Florence Ouhingwan, Gilbert Pallazola, Margaret Pantar Developments Inc. Papania, Helen Pattinson, Gwen Paul O'connor Funeral Home Payne, Joan Peereboom, Elisabeth Perks, Gerald Perreault, Carol Persaud, Cecil Pesce, Angelo Porter, Eleanor Porter, Mary Powers, Marie Precision Property Management Preston, Beverley Probert, Odeen Punchard, Edna Radley, Reta Raine, Eden Rainforth, Louise Ramenda, Violet Rankine, Anita Rankine, Doug Rankine, John Rapid App Service Redrupp, Elizabeth Reid, Len Reid, Lois Reid, Robert Rellinger, Olive Responsive Health Management Group Reynolds, Lorraine Ribes, Katherine Richards, Edward Richardson, Edga Rivers, Heidi Roberts, Ruby Robinson, Verna Roozen, Linda Rossi, Debbie Rothman, Barbara Roulston, Diane Rowden, Grace Roy, Elizabeth Sadasivan, Bindhu Sadler, Patricia Sayers, Grace Scarlet-Phipps, Ann-Marie Schofield, Ross Scott, Susan Sebastian, Hazel Shambrook, Christal Shan, Robin Shier, Russell Shim, Allan Shoppers Drug Mart Silloway, Theresa Simone's New Look Painting & Contracting Simpson, Gladys Sinclair, Williamina Siriska, Colleen Skarmea, Stavroula Smith, Anne Smith, Beatrice Smith, Connie Sodexho Sooknarine, Deokie

Soroc Technology Inc. Spalding, Donald Spanjevic, Lilly Specialty Et Services Spiegelman, Dorothy Staff Liaison Commettee Stafford, Alice Stearns, Nora Stephenson, Nancy Stevens, Helen Stirling, Carole Strachan, Margaret Strome, Linda Stubbs, Kathleen Stunell, Michael Sulek, Marilyn Swan, John Tasch, Judith Taylor, Violet The Benefits Trust The Blg Foundation The Wexford Line Dancers The Wexford Residence Inc. The Wexford Tea Room The Wexford Volunteer Gift Shop Therapist's Choice Medical Supplies Thomas, Doreen Thompson, Carol Tinker, Gordon Tinker, Nellie Tomlin, Leanne Tozer, Sherman Trace Electric Trimble, Mary Ellen Turner, Sharon Tweedy, Carole USRÍ United Commercial Travellers United Way Varelas, Helen Vaughan, Tracey Veitch, Mary Margaret Vickery, Donald Vieira, Lilia Voituk, Clare Voudouris, Litsa Vousden, Patricia Waller, Janet Ward, Annie Watson, Doris Watson, Steve We Care Home Health Services Wenn Flaine Wexford Convenience Store Wheatley, Horace Wheatley, Jean Whiffin, Eileen White Barbara Wiley, Catherine M. Williams, Doris Williams, Ray Williams-Owen, Myfi Wilson, Catherine Wilson, Douglas Wilson, Gloria Wilson, Nancy Wilson, Rellis Wilson, Ronald Winkle, Anita Wirt, Roseanna Wright, Lorne Wright, Sandra Yeghyayan, Hary Zaman, Shemin Zec, Margereete

YES, I WANT TO SUPPORT SENIORS AT THE WEXFORD !
Donations can be made by completing this form and mailing to The Wexford Residence Foundation, 1860 Lawrence Ave E, Toronto, Ontario M1R 5B1. You can also make a donation by telephone, or in person at the Wexford. All donations of \$10.00 or more are tax-deductible and can be paid by cash, cheques, or charged to your Visa or MasterCard.
PLEASE ACCEPT MY DONATION OF: \$
In memory of
In honour of
A general donation
PAYABLE BY:
\Box Cash \Box Cheque (make cheques payable to Wexford Residence Foundation)
□ Visa □ Mastercard
Card numberExp
Name on card
Signature Date
Issue tax receipt to:
Name:
Address
Postal Code
Tel.: Email
SEND ACKNOWLEDGEMENT TO: (for in memory or in honour of donations)
Name:
PC
THE WEXFORD COMMUNICATOR welcomes comments and announcements that would benefit friends and families of residents and tenants at The Wexford Residence Inc., and supporters of the Wexford Residence Foundation. Our address is 1860 Lawrence Ave. East, Toronto, Ontario M1R 5B1 T. 416 752-8877, F. 416 752-4350 Toll Free Number: 1-877-807-0810 Website: www.thewexford.org CHAR REG. 118820216RR001
CHAK REG. 118820210KKUVI