

September October 2013

Thexford **

COMMUNICATOR



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It's been an eventful summer at The Wexford and the Activation Department took full advantage of each summer day to treat

our residents with the very best of what summer had to offer.

We kicked off summer with our Annual Family Picnic, on June 22nd, which was held in our backyard. The day started out with near perfect weather but by



Daryl Singleton with parents Helen and Jack Singleton.

late morning mother nature decided to change her mind and rain on our enjoyment.

Not to be outdone, our activationists quickly reorganized the picnic indoors. Residents and their families enjoyed foot tapping music, sizzling burgers and hotdogs. It was an enjoyable day. Many thanks to the volunteers and staff who helped to make this another memorable picnic for our residents.

To build on the success of our Family Picnic this summer, we have implemented weekly floor BBQ's. This allowed each resident to have the opportunity to get outside and enjoy a flamed cooked meal.

Several resident outings also took place this summer. The department's goal for 2013 is to get as many



Syed Ali and daughter Samina, Marie LeGrand, George Taylor and Betty Hatt with activation staff.

residents as possible to attend an outing during our calendar year. In June we participated in a Blue Jays game, followed by trips to Centre Island and Edwards Gardens in July and August.

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Summer 2013 at The Wexford

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As summer comes to a close, we will begin to gear up for our 4th Annual Fall Harvest Social on September 6th from 5pm to 8pm. Residents will have their first chance to embrace the spoils from the summer with a feast of sweet corn, melt in your mouth pulled pork and finish it off with some warm apple pie and country music to dance the night away.

As always please pick up a copy of our Activity Calendar and sign up for any event or outing through Activation.



Finally, in the last newsletter we mentioned the IPod program that we were looking to implement for residents and we were asking for donations in order to

launch this program. However, through a partnership with the Alzheimer's Society, we are now able to offer a free IPOD to our residents, but this offer will not last long. We have been contacting many residents' families over the past two months and have obtained thirty customized iPods for our residents pre-loaded with their personal customized music selection. If you have not already taken advantage of this program please contact me at wconnelly@thewexford.org as soon as possible before this great offer ends.

Accreditation Canada Survey

Accreditation Canada's on-site quality survey will be held on September 16, 17th and 18th.

Please join us for a general debriefing on September 18th at 11:00 am in the Activity Room. All are welcome to attend.

Welcome Faces at The Wexford



John Vickery
Manager
Environmental
Services
John started at The
Wexford on July 15,
2013. He has been in
long term care for 24
years, spending the

majority of his career with Extendicare Canada. John received his education in Environmental Services through the Ontario Hospital Association, earning his Level 1 and 2 diploma. He did his fire safety training through the Ontario Fire College and is a certified Health & Safety member. John's office is located on the 1st floor and can be reached at ext. 257 or at his direct line: 416-701-2502

Accreditation Canada Surveyors



Joanne Dykeman

Elaine McAlister

8th Annual Golf Tournament



The Wexford Residence's 8th Annual Joint Charity Golf Tournament in support of seniors in partnership with Advent Valleyview Residence, Chester Village, Nisbet Lodge and Mariann Home, was held at Remington Parkview Golf & Country Club on Tuesday June 18th. 172 golfers participated and for the first time we had two lead tournament sponsors and two hole-in-one sponsors.

It was a very successful tournament, we raised \$111,700! We appreciate the generous support of

everyone who participated, without you we could not have achieved our goal to have a full shot gun and surpass last year's revenue. With the money raised, each participating home will be able to fund important projects that directly benefit their seniors. Our share of \$25,000 will go toward new dining rooms on the 5th and 6th floors.

Special thanks to our Tournament Sponsors

Lead Sponsors: Achieva Health and

Medical Pharmacies Group Inc.

Banquet Sponsor: Shoppers Home Health Care

Golf Cart Sponsor: Medisystems
Lunch Sponsor: Motion Specialties

Hole-in-one Sponsors: Hub International & Leslie

Group

Hole Sponsors: Absolute Alliance, Accent Building Sciences, Almec Mechanical,

Wexford senior Sam Pollock expressing thanks on behalf of all the seniors of the five homes with Sandy Bassett and Mike Savatovich, administrator of Advent Valleyview Residence.

Ataja Electric, Brimley Medical Centre, Norton McMullen & Co. LLP, Paul O'Connor Funeral Home, Sunbright Linen Services Inc. and the Wexford Volunteers.

Friend of the Tournament Donors: Alex Bogdan, Aramark Canada, Brimley Medical Centre, Jack Tanaka, Jan Tingley, Kathy Frame- Adshead, Teva Canada, Trace Electric, and Sunbright Linen Services Inc.

Silent Auction Donors: Thanks to all the silent auction contributors for the lovely items donated. This year's auction raised \$5,500 towards the total tournament revenue.

Thanks to Accent Building Sciences for donating complimentary golf balls and pens.

Thanks to all the golfers who participate every year and to our golf committee, who work very hard to make the tournament a success.

Special thanks to our volunteers Don't miss next year's eventwe will keep you posted.

News from the Foundation



The **Wexford** Residence

Long-Term Care Independent Living Apartments Active Seniors Centre

ARE YOU
STRESSED
ABOUT YOUR
AGING PARENTS'
FUTURE?

If you need answers to any of these questions,

COME JOIN US on September 21st

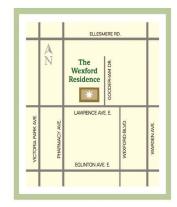
and meet our professional staff.

TIME: **10:30am ~ 11:00am**AND **1:30pm ~ 2:00pm**

- 1. How will I know when it's time for my parent to go into a nursing home?
- 2. What is the difference between a retirement home and a nursing home?
- 3. How do I apply to get into a nursing home and what is the wait time?
- 4. How much does it cost to stay in a nursing home?
- 5. What happens to seniors who can't afford to pay for a nursing home?
- 6. How do I go about finding a nursing home and also check their Quality of Care record?
- 7. What free services are offered to seniors in my community?
- 8. How do I find community programs for seniors in my community?
- 9. What can seniors do to stay healthy and independent as long as possible?
- 10. Does the Government provide financial assistance?



Come Join the Fun!





11:00am - 11:30am AND 1:00pm - 1:30pm

The Bazaar
will have something
for everyone!





The Wexford Residence

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CHARITABLE BUSINESS NUMBER: 118820216RR000

THE WEXFORD COMMUNICATOR welcomes comments and announcements that would benefit friends and families of residents and tenants at The Wexford Residence Inc., and supporters of the Wexford Residence Foundation.

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Website: www.thewexford.org

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