

CHRISTMAS FUNDRAISING CAMPAIGN

“New Curtains for the”
4th floor Dining Room

The 4th floor dining room needs a face lift!

This Christmas we are purchasing new curtains to give a fresh new look to the dining room. The attractive valence and sun-shade blinds, will help to reduce the temperature in the dining room, and will contribute to a more pleasurable dining experience for the residents. The dining room faces south and receives a lot of sunlight, especially during the summer.

This Christmas, I want to support the Wexford’s Christmas Fundraising Campaign to raise funds towards the purchase of new curtains for the 4th floor Dining Room.

Please accept my donation of \$ _____

Payable by :

Cash or Cheque (Cheques should be made out to The Wexford Residence Inc.)
Donations of \$20.00 and more are tax receiptable.

Credit Card #(Visa/Mastercard) _____ Exp: ____ / ____

Signature: _____

Name on Card: _____

Address: _____

Email: _____ Tel: _____

THE WEXFORD COMMUNICATOR welcomes comments and announcements that would benefit friends and families of residents and tenants at The Wexford Residence Inc., and supporters of the Wexford Residence Foundation.

Our address is 1860 Lawrence Ave. East, Toronto, Ontario M1R 5B1 T. 416 752-8877, F. 416 752-4350
Toll Free Number: 1-877-807-0810 Email: information@thewexford.org. Website : www.thewexford.org

REGISTERED CHARITABLE BUSINESS NUMBER: 892920190RT0001



Paul & Margaret O'Connor, O'Connor Funeral Home, our Gala Platinum Sponsor,

Your Six String Nation portrait courtesy of The Wexford Residence and our Platinum Sponsor ...



INSIDE THIS ISSUE:

40TH ANNIVERSARY	2
THANK YOU SPONSORS	3
“I AM “ STATEMENT	4
BPSO REPORT	5
COMPANIONSHIP DOLLS	5
SECURITY UPGRADES	6
SPIRIT AWARD WINNERS	6
CHRISTMAS CAMPAIGN	8



40 YEARS AND STILL GOING STRONG!

The past year was one of celebration as The Wexford Residence celebrated **40 Years** of care and service to our community. We held a number of special events including a June 16th Resident, Tenant and Family BBQ under the big tent during the day and then a Staff ‘Dance Under the Stars’ that evening. Then on September 15th, we held our very successful Fundraising Gala. Our goal was to raise \$50,000 for the future redevelopment of The Wexford and we surpassed our target and raised \$58,000!!

A big thank you to all our supporters who generously donated to our cause. I would like to publicly thank **Paul and Margaret O’Connor** who were our Platinum Sponsor for the event. Please see a list of all our sponsors, as well as highlights from the event, including a great presentation from **Jowi Taylor and his Voyageur Guitar**.

In addition to our sponsors, the resident, tenants, families and staff also supported our events and we were grateful for your participation and support. A big thank you also to the organizing committee who met over a number of months to plan these special events. All your efforts were greatly appreciated!

One of the reasons that we are ‘still going strong’ is thanks to our caring and dedicated staff within all departments! They truly live our mission of **Enriching Lives Everyday!** as they lovingly care for residents.

Continued on page 2

Picture Gallery of our 40th Anniversary Gala

Celebrations



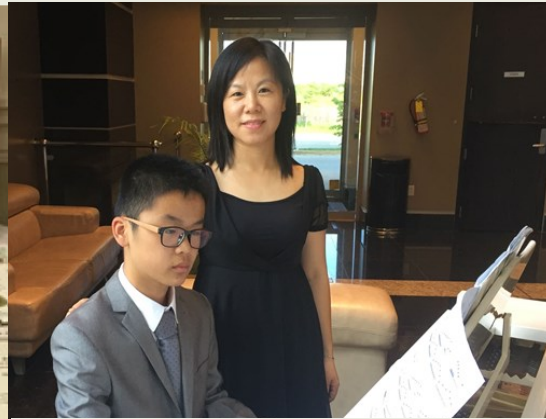
George Kerr one of our tenants with Jowi Taylor , and the Six String Nation Guitar. George is the oldest person to play the guitar, at 98 years young..



Ron Bilyk Board Chair and Sandra Bassett CEO with Salma Zahid MP, Federal Member of Parliament, bringing greetings from our Prime Minister Justin Trudeau.



Wexford memorabilia showcasing the history of the Wexford.



Daisy Lin with her son Joey Lin. Joey played the piano during the cocktail hour



Christina Mitas, Member of Provincial Parliament, Dennis Timbrell, Sandra Bassett CEO, Michael Thompson City of Toronto Councillor ,and his mother Norma.



Lisa Levin, Advantage Ontario, CEO and Sandra Bassett CEO

THE FALL BAZAAR & BAKE SALE



Our Fall Bazaar and Bake Sale was held on Saturday September 29th. It was very Successful. We raised \$1,669.00.

A big thank you to all the tenants, ASC members, visitors, staff and volunteers for their donations and hard work. The money raised will be split between the tenants and the ASC Association.

2018 Spirit Award Winners



On October 25, 2018 we recognized and celebrated the following recipients of the Spirit Award.

The Spirit Award is given to individuals who are recognized by their colleagues as excellent role models and champions of The Wexford 's mission, vision, values and goals.

There are four categories for the awards: Non-Clinical, Clinical, Volunteer and Team

- Non-Clinical Award winner-Iryna Zhuk, Evening Nurse Manager,
- Dr. Tommy Bacher (recognized for 40 years of service) ,
- Clinical-Priyanka Luthra, 2nd Floor Charge Nurse
- Volunteer-Louise McFarlane
- 4th floor received the Team Award for the excellent care they provide the residents.




Dotrice James was also recognized for her 40 years of service.



Security Upgrades Coming!

Over the past couple of months you may have noticed some new signage in the building and for the next couple of months you will notice a few other changes to the long-term care units. We are continually improving the safety and comfort of our resident home areas and now we will be adding an additional safety feature- a **keypad on the entrance and exit sides of all the entry doors**. This will apply to the main door and back stairwell on the east side. Similar to what we do at the main door of The Wexford Residence, we will post the code from 8 am – 8 pm and then have a different code from 8 pm to 8 am which **will not** be posted. The purpose is twofold. To prevent any unwanted visitors from entering the long-term care units, and it will also be a deterrent for residents who may want to leave the unit unattended.

NOTICE



THESE PREMISES ARE UNDER 24 HOUR VIDEO SURVEILLANCE

In addition to the new keypads, we have installed a **camera monitor** in each nursing station (we previously only had them in the 4th and 7th floor nursing stations) and have added 11 new cameras to expand the amount of space we have camera footage for.

We now have one camera going down each tenant hallway and additional cameras on the main floor. We have also added new signage, reminding all visitors and staff that the building is under video surveillance.

You may have also noticed **new signage** on the entrance and exit of each nursing unit. On the door of each entry door you will see a sign that reads:



“Welcome to Our Long-term Care Home. Please remember that this is the home of the Resident and act accordingly. This home is under video surveillance.

NOTICE

You are now leaving LONG-TERM CARE and Entering Public/Common Space

This space is NOT supervised by staff, except for scheduled/supervised Events & Programs.

On the opposite side of the same door, as you leave the unit, you will see the following sign:

Notice: “You are now leaving Long-term Care and entering public/ Common Space.

The space is NOT supervised by staff, except for scheduled/supervised events and programs

We felt it was necessary to be very clear about the boundaries of long-term care. We are a large building and we are also home to over 90 tenants and have a community outreach program on site, known as our Active Senior’s Centre, which is on the activity/basement level.

Thank you to our Sponsors



Platinum

Paul O'Connor Funeral Home



Silver

- Wexford Heights BIA
- Absolute Alliance
- Brimley Medical Centre
- Medical Pharmacies
- Sunbright Linens

Silent Auction

- Achieva Health

Promotions

- Ataja Electric
- Aramark Health Care
- Budget Contractors
- Indus Flow Systems
- Watermark Plumbing Group
- The Wexford Restaurant

- Advanced Cooking
- Ali's No Frills
- Araxi Kalajian
- Betty Gilmour
- Betty Harden
- Brenda Wong
- Carmine Greco
- Carole Hayden
- Cathy Neary
- David Barker
- Direct Dentistry
- Eileen Kennedy
- EMCO Plumbing

Friends of the Wexford

- | | |
|----------------------------|---------------------|
| Fiorinta Greco | Monica Birch |
| George Kerr | Mr. Janitorial |
| Hub International Ltd | Panorama Group |
| Inline Communications Inc. | Rhoda James |
| JDB Insurance | Sam Pollock |
| John Miller | Sandra Bassett |
| Joli Kadier | Surge Learning |
| Jung Sun Kim | The Printing House |
| Katharina Ribes | Tian Lu Zhou |
| Margaret Strachan | Trace Electric |
| Mathews, Dinsdale & Clark | Triella |
| MDM Insurance Services | Volunteer Executive |
| Medical Mart | Yun Xia Ge |

Our Residents & Tenants Family BBQ



Our Staff Dance under the Stars



Celebrations

I am...

a Resident

Dear Wexford Caregivers and Support Staff;

Over the past eight weeks, our Residents' Council has come together to review The Residents Bill of Rights to strengthen our knowledge and maintain our independence as we journey down this new path in our lives.

It is important that you recognize that *we, the residents*, were once musicians, writers, technicians, nurses, engineers, homemakers etc., and are still contributing members of this community.

Many of us have lost much of our independence now that we must rely on your professional support, care, and guidance, during this part of our lives. The Bill of Rights gives us an opportunity to voice our concerns regarding the outstanding quality of care in which you all provide daily to us residents.

Even though this may not extend to all of you, we felt it was important for you to hear from the residents' perspective, some areas of concern that were discussed:

1. **Introduce yourself**, so we know who we're talking to, or who is providing us care.
2. Don't call me momma, sweetheart or doll, unless we give you our blessing. Some of us feel these nicknames are degrading, or that you don't have the right to refer to me as I was referred to from my spouse or child. We were brought up during a time that many of those things can be seen as disrespectful towards elders. **Please use my given name.**
3. **Wear name tags.** If you forget it, use tape or paper. We want to know who is caring for us.
4. We understand that **cell phones** are a part of life, but it is not something we should tolerate at a dinner table or when you're providing us care.
5. Remember we all don't have dementia, so **be forthcoming with details** of why we must wait for a washroom, or for care to be provided.
6. If you speak in your own language, we feel you may be talking about us, and this makes us uncomfortable. We are not asking you to stop your personal conversation, but have those **conversations on your own time**, or outside of our hearing zone.

This may be your job, but most importantly this is **our home**. It is important that you respect our rights. We're asking that you be more conscious of us and our feelings and know that we are very aware of what goes on around us.

We, The Residents' Council of The Wexford Residence, do believe that overall we are getting exceptional care and know how hard you work to keep us safe and well taken care of.

Thank you for your continuous efforts.

I am not done yet, I am still here, and I am whole!

The
Wexford



OARC's Through Our Eyes: Bringing the Residents' Bill of Rights Alive

Christmas 2018



Report

After our BPSO (Best Practice Spotlight Organization) Launch in May 2018, our journey continued into the planning and implementation phase of the program. As a collaborative team, we have reviewed our Fall Prevention Program, recognized areas for improvement and elected to educate staff in all departments on their roles and responsibilities as it relates to the Fall Prevention.

A new Fall Risk screening tool was introduced to Registered Staff to assess for the level of risk a resident may have when it comes to the possibility of having a fall. Subsequently, we will be introducing "Comfort Rounding or Hourly Rounding" to frontline staff to ensure they are assessing the 4P's (Pain, Positioning, Personal Needs & Possessions) when they are doing their hourly checks on a resident.

The intent of comfort rounding is to ensure resident's needs are being met continuously to further reduce the risk of having a fall. Comfort rounding can also benefit a resident in the area of skin and wound care, pain management, and continence management.

The implementation phase of year one (2018-2019) will come to a close mid-January. From January 2019 to March 2019 the home will focus on strategy evaluation to see whether or not the changes that were made are having a positive impact on the practices of frontline staff and on the residents of the home, especially related to falls prevention.

Companionship Dolls Bring Smiles to 4th Floor Residents



Last fall several Companionship Dolls arrived at the Wexford courtesy of a donation. They have a permanent home on the 4th Floor. The dolls have increased resident motivation to participate in activities. Resident agitation has been reduced by the dolls' presence, as now their hands that once shook, have now occupied holding their baby.

As a result of the success of this program, and the support of staff and family, a nursery room was created, complete with crib, dresser, change table, lullaby songs, and dolls clothes.

