



Sun                      Mon                      Tue                      Wed                      Thu                      Fri                      Sat

# FEBRUARY



**1**  
Calendar Handout  
2:00 Saturday  
Afternoon Social  
-Activity Room-

<p><b>2</b> 10:00 Worship Service 11:00 Roman Catholic Service -Chapel- 2:00 Sunday Afternoon Bingo -Activity Room-</p>	<p><b>3</b> 10:00 Exercise  2:00 Entertainment with Brian</p>	<p><b>4</b> 10:30 Anglican Service -Chapel-  2:00 Classic Cars</p>	<p><b>5</b> 10:00 Group Discussion  2:00 Fun Strummers -Main Dining Room-  6:00 Bingo</p>	<p><b>6</b> 10:00 Exercises  2:00 Trivia</p>	<p><b>7</b> 10:30 Art with Graeme -Main Dining Room-  2:30 Chinese New Year Celebration - Main Dining Room-</p>	<p><b>8</b> 10:30 Group Exercise -Activity Room- 2:00 Saturday Afternoon Social -Activity Room-</p>
<p><b>9</b> 10:00 Hymn Sing 11:00 Roman Catholic Service -Chapel- 2:00 Sunday Afternoon Bingo -Activity Room-</p>	<p><b>10</b> 10:00 Famous Couples  2:00 Residents' Council Meeting -5th Floor Dining Room-</p>	<p><b>11</b> 10:30 Anglican Service -Chapel-  1:30 Activities with Crescent School Students -Main Dining Room</p>	<p><b>12</b> 10:00 Ball Toss  2:00 Story Telling</p>	<p><b>13</b> 10:00 News and Views  2:00 Family Feud</p>	<p><b>14</b> 10:00 Ball Toss 2:00 Valentine's Day Social - Main Dining Room- 6:30 Seventh Day Adventist Church -Chapel-</p>	<p><b>15</b> 10:30 Group Exercise -Activity Room- 2:00 Ebenezer Choir -Activity Room-</p>
<p><b>16</b> 10:00 Worship Service 11:00 Roman Catholic Service -Chapel- 2:00 Toronto City Church -Activity Room-</p>	<p><b>17</b> 10:00 Exercise  2:00 Family Day Social - Main Dining Room-</p>	<p><b>18</b> 10:30 Anglican Service -Chapel-  2:00 Word Games</p>	<p><b>19</b> 10:00 Exercise 2:00 Warblers Concert -Activity Room-  6:00 Bingo</p>	<p><b>20</b> 8:00 Pancake Breakfast - Main Dining Room-  2:00 Entertainment with Brian</p>	<p><b>21</b> 10:30 Art with Graeme -Main Dining Room-  2:00 Famous Faces</p>	<p><b>22</b> 10:30 Group Exercise -Activity Room- 2:00 Monthly Birthday Party -Main Dining Room-</p>
<p><b>23</b> 10:00 Hymn Sing 11:00 Roman Catholic Service -Chapel- 2:00 Sunday Afternoon Bingo -Activity Room-</p>	<p><b>24</b> 11:30 Swiss Chalet Outing  2:00 Readers Corner</p>	<p><b>25</b> 10:30 Anglican Service -Chapel-  2:00 Mardi Gras Social - Main Dining Room-</p>	<p><b>26</b> 10:30 Roman Catholic Mass -Chapel-  2:00 Student Activities - Main Dining Room-</p>	<p><b>27</b> 10:00 News and Views  2:00 Move to the Music</p>	<p><b>28</b> 10:00 Morning Stretches  2:00 Movie Matinee</p>	<p><b>29</b> 10:30 Group Exercise -Activity Room- 2:00 Saturday Afternoon Social -Activity Room-</p>

Please Note Programs are subject to change                      Programs in black are located off the unit                      Programs in purple are located on the unit

Sun

Mon

Tue

Wed

Thu

Fri

Sat

The  
Dexford

# FEBRUARY

**1**  
Calendar Handout  
2:00 Saturday  
Afternoon Social  
-Activity Room-

<p><b>2</b> 10:00 Worship Service 11:00 Roman Catholic Service -Chapel- 2:00 Sunday Afternoon Bingo -Activity Room-</p>	<p><b>3</b> 10:30 Exercise  2:30 Entertainment with Brian</p>	<p><b>4</b> 10:30 Anglican Service -Chapel- 2:45 Flags of our Nations</p>	<p><b>5</b> 10:30 News and Views  2:00 Fun Strummers - Main Dining Room- 6:45 Bingo</p>	<p><b>6</b> 10:30 Group Exercise  2:45 Family Feud</p>	<p><b>7</b> 10:30 Art with Graeme -Main Dining Room-  2:30 Chinese New Year Celebration - Main Dining Room-</p>	<p><b>8</b> 10:30 Group Exercise -Activity Room- 2:00 Saturday Afternoon Social -Activity Room-</p>
<p><b>9</b> 10:00 Hymn Sing 11:00 Roman Catholic Service -Chapel- 2:00 Sunday Afternoon Bingo -Activity Room-</p>	<p><b>10</b> 10:30 Famous Couples  2:00 Residents' Council Meeting -5th Floor Dining Room-</p>	<p><b>11</b> 10:30 Anglican Service -Chapel- 1:30 Activities with Crescent School Students -Main Dining Room</p>	<p><b>12</b> 10:30 News and Views  2:45 Concentration</p>	<p><b>13</b> 10:30 Ball Toss  2:45 Word Scramble</p>	<p><b>14</b> 10:30 News and Views 2:00 Valentine's Day Social - Main Dining Room- 6:30 Seventh Day Adventist Church -Chapel-</p>	<p><b>15</b> 10:30 Group Exercise -Activity Room- 2:00 Ebenezer Choir -Activity Room-</p>
<p><b>16</b> 10:00 Worship Service 11:00 Roman Catholic Service -Chapel- 2:00 Toronto City Church -Activity Room-</p>	<p><b>17</b> 10:30 Group Exercise  2:00 Family Day Social - Main Dining Room-</p>	<p><b>18</b> 10:30 Anglican Service -Chapel- 2:45 Readers Corner</p>	<p><b>19</b> 10:30 Group Exercise 2:00 Warblers Concert -Activity Room- 6:45 Bingo</p>	<p><b>20</b> 8:00 Pancake Breakfast - Main Dining Room-  2:45 Entertainment with Brian</p>	<p><b>21</b> 10:30 Art with Graeme -Main Dining Room-  2:45 Animal Planet</p>	<p><b>22</b> 10:30 Group Exercise -Activity Room- 2:00 Monthly Birthday Party -Main Dining Room-</p>
<p><b>23</b> 10:00 Hymn Sing 11:00 Roman Catholic Service -Chapel- 2:00 Sunday Afternoon Bingo -Activity Room-</p>	<p><b>24</b> 11:30 Swiss Chalet Outing  2:45 What's my Line</p>	<p><b>25</b> 10:30 Anglican Service -Chapel- 2:00 Mardi Gras Social - Main Dining Room-</p>	<p><b>26</b> 10:30 Roman Catholic Mass -Chapel- 2:00 Student Activities - Main Dining Room-</p>	<p><b>27</b> 10:30 Group Discussion  2:45 Famous Faces</p>	<p><b>28</b> 10:30 Move to the Music  2:45 Movie Matinee</p>	<p><b>29</b> 10:30 Group Exercise -Activity Room- 2:00 Saturday Afternoon Social -Activity Room-</p>

Please Note Programs are subject to change

Programs in black are located off the unit

Programs in purple are located on the unit

Sun

Mon

Tue

Wed

Thu

Fri

Sat

The  
Dexford

# FEBRUARY

**1**  
Calendar Handout  
2:00 Saturday  
Afternoon Social  
-Activity Room-

**2**  
10:00 Worship Service  
11:00 Roman Catholic Service  
-Chapel-  
2:00 Sunday Afternoon Bingo  
-Activity Room-

**3**  
10:00 Ball Exercises  
2:00 Cards & Games  
6:00 Quick on the Draw

**4**  
10:30 Anglican Service  
-Chapel-  
2:00 Cards & Games  
6:00 Bowling

**5**  
10:00 Snoezelen  
2:00 Fun Strummers  
- Main Dining Room-

**6**  
10:00 Exercises  
2:00 Chinese Art  
6:00 Helping Hands

**7**  
10:30 Art with Graeme  
-Main Dining Room-  
2:30 Chinese New  
Year Celebration  
- Main Dining Room-

**8**  
10:30 Group Exercise  
-Activity Room-  
2:00 Saturday  
Afternoon Social  
-Activity Room-

**9**  
10:00 Hymn Sing  
11:00 Roman Catholic Service  
-Chapel-  
2:00 Sunday Afternoon Bingo  
-Activity Room-

**10**  
2:00 Residents' Council  
Meeting  
-5th Floor Dining Room-  
2:00 Valentine's Art  
6:00 Let's Talk

**11**  
10:30 Anglican Service  
-Chapel-  
1:30 Activities with  
Crescent School Students  
-Main Dining Room

**12**  
10:00 Snoezelen  
2:00 Entertainment with  
Brian

**13**  
10:00 Ball Exercise  
2:00 Valentine's Trivia  
6:00 Famous Couples

**14**  
2:00 Valentine's Day  
Social  
- Main Dining Room-  
6:30 Seventh Day  
Adventist Church -Chapel-

**15**  
10:30 Group Exercise  
-Activity Room-  
2:00 Ebenezer Choir  
-Activity Room-

**16**  
10:00 Worship Service  
11:00 Roman Catholic Service  
-Chapel-  
2:00 Toronto City Church  
-Activity Room-

**17**  
10:00 Meet & Greet  
2:00 Family Day Social  
- Main Dining Room-

**18**  
10:30 Anglican Service  
-Chapel-  
2:00 Helping Hands  
6:00 Sing-A-Long

**19**  
2:00 Warblers Concert  
-Activity Room-

**20**  
8:00 Pancake Breakfast  
- Main Dining Room-  
2:00 Readers Corner

**21**  
10:30 Art with Graeme  
-Main Dining Room-  
2:00 Move to Music

**22**  
10:30 Group Exercise  
-Activity Room-  
2:00 Monthly Birthday  
Party  
-Main Dining Room-

**23**  
10:00 Hymn Sing  
11:00 Roman Catholic Service  
-Chapel-  
2:00 Sunday Afternoon Bingo  
-Activity Room-

**24**  
11:30 Swiss Chalet  
Outing  
2:00 Helping Heads  
6:00 Sing Along

**25**  
10:30 Anglican Service  
-Chapel-  
2:00 Mardi Gras Social  
- Main Dining Room-

**26**  
10:30 Roman Catholic Mass  
-Chapel-  
2:00 Student Activities  
- Main Dining Room-  
6:00 Colouring

**27**  
10:00 Morning  
Stretches  
2:00 Entertainment with  
Brian  
6:00 Sing Along

**28**  
10:00 Therapeutic  
Dolls/ pets  
2:00 Hot Chocolate  
Social

**29**  
10:30 Group Exercise  
-Activity Room-  
2:00 Saturday  
Afternoon Social  
-Activity Room-

Please Note Programs are subject to change

Programs in black are located off the unit

Programs in purple are located on the unit

Activities & Pastoral Care Calendar



Sun      Mon      Tue      Wed      Thu      Fri      Sat

# FEBRUARY



						<b>1</b> Calendar Handout 2:00 Saturday Afternoon Social -Activity Room-
<b>2</b> 10:00 Worship Service 11:00 Roman Catholic Service -Chapel- 2:00 Sunday Afternoon Bingo -Activity Room-	<b>3</b> 10:00 Monday Moves  2:00 News & Views	<b>4</b> 10:30 Anglican Service -Chapel- 2:00 Art Cart 6:00 Afternoon Bingo	<b>5</b> 10:00 Trivia  2:00 Fun Strummers - Main Dining Room-	<b>6</b> 10:30 Famous Places  2:00 Afternoon Stretch	<b>7</b> 10:30 Art with Graeme -Main Dining Room-  2:30 Chinese New Year Celebration - Main Dining Room-	<b>8</b> 10:30 Group Exercise -Activity Room- 2:00 Saturday Afternoon Social -Activity Room-
<b>9</b> 10:00 Hymn Sing 11:00 Roman Catholic Service -Chapel- 2:00 Sunday Afternoon Bingo -Activity Room-	<b>10</b> 10:00 Mediation Monday  2:00 Residents' Council Meeting -5th Floor Dining Room-	<b>11</b> 10:30 Anglican Service -Chapel- 1:30 Activities with Crescent School Students -Main Dining Room	<b>12</b> 10:00 Brain Games  2:00 Readers Corner	<b>13</b> 10:30 Famous Couples  2:00 Entertainment with Brian	<b>14</b> 10:00 Stories in a Hat 2:00 Valentine's Day Social - Main Dining Room- 6:30 Seventh Day Adventist Church -Chapel-	<b>15</b> 10:30 Group Exercise -Activity Room- 2:00 Ebenezer Choir -Activity Room-
<b>16</b> 10:00 Worship Service 11:00 Roman Catholic Service -Chapel- 2:00 Toronto City Church -Activity Room-	<b>17</b> 10:00 Ribbon Rhythms  2:00 Family Day Social - Main Dining Room-	<b>18</b> 10:30 Anglican Service -Chapel- 2:45 Art Cart 6:00 Afternoon Bingo!	<b>19</b> 10:00 Puzzles & Games 2:00 Warblers Concert -Activity Room-	<b>20</b> 8:00 Pancake Breakfast - Main Dining Room-  2:00 Meet and Greet	<b>21</b> 10:30 Art with Graeme -Main Dining Room-  2:00 Beauty Corner	<b>22</b> 10:30 Group Exercise -Activity Room- 2:00 Monthly Birthday Party -Main Dining Room-
<b>23</b> 10:00 Hymn Sing 11:00 Roman Catholic Service -Chapel- 2:00 Sunday Afternoon Bingo -Activity Room-	<b>24</b> 11:30 Swiss Chalet Outing  2:00 Afternoon Stretch	<b>25</b> 10:30 Anglican Service -Chapel- 2:00 Mardi Gras Social - Main Dining Room-	<b>26</b> 10:30 Roman Catholic Mass -Chapel- 2:00 Student Activities - Main Dining Room-	<b>27</b> 10:30 Around the World Trivia  2:00 Cooking Class - Activity Room-	<b>28</b> 10:00 News & Views  2:00 Afternoon Movie & a Social	<b>29</b> 10:30 Group Exercise -Activity Room- 2:00 Saturday Afternoon Social -Activity Room-

Please Note Programs are subject to change

Programs in black are located off the unit      Programs in purple are located on the unit



Sun      Mon      Tue      Wed      Thu      Fri      Sat

# FEBRUARY



<p><b>2</b>  <b>10:00</b> Worship Service  <b>11:00</b> Roman Catholic Service                  -Chapel-  <b>2:00</b> Sunday Afternoon Bingo                  -Activity Room-</p>	<p><b>3</b>  <b>10:30</b> Monday Moves   <b>2:45</b> News &amp; Views</p>	<p><b>4</b>  <b>10:30</b> Anglican Service                  -Chapel-  <b>2:45</b> Art Cart  <b>6:45</b> Afternoon Bingo</p>	<p><b>5</b>  <b>10:30</b> Trivia   <b>2:00</b> Fun Strummers                  - Main Dining Room-</p>	<p><b>6</b>  <b>10:00</b> Famous Places   <b>2:45</b> Afternoon Stretch</p>	<p><b>7</b>  <b>10:30</b> Art with Graeme                  -Main Dining Room-   <b>2:30</b> Chinese New Year Celebration                  - Main Dining Room-</p>	<p><b>1</b>  <b>Calendar Handout</b>  <b>2:00</b> Saturday Afternoon Social                  -Activity Room-</p>
<p><b>9</b>  <b>10:00</b> Hymn Sing  <b>11:00</b> Roman Catholic Service                  -Chapel-  <b>2:00</b> Sunday Afternoon Bingo                  -Activity Room-</p>	<p><b>10</b>  <b>10:30</b> Mediation                  Monday  <b>2:00</b> Residents' Council Meeting                  -5th Floor Dining Room-</p>	<p><b>11</b>  <b>10:30</b> Anglican Service                  -Chapel-  <b>1:30</b> Activities with Crescent School Students                  -Main Dining Room</p>	<p><b>12</b>  <b>10:30</b> Brain Games   <b>2:45</b> Meet And Greets</p>	<p><b>13</b>  <b>10:00</b> Famous Couples   <b>2:45</b> Entertainment with Brian</p>	<p><b>14</b>  <b>10:30</b> Stories in a Hat  <b>2:00</b> Valentine's Day Social                  - Main Dining Room-  <b>6:30</b> Seventh Day Adventist Church -Chapel-</p>	<p><b>8</b>  <b>10:30</b> Group Exercise                  -Activity Room-  <b>2:00</b> Saturday Afternoon Social                  -Activity Room-</p>
<p><b>16</b>  <b>10:00</b> Worship Service  <b>11:00</b> Roman Catholic Service                  -Chapel-  <b>2:00</b> Toronto City Church                  -Activity Room-</p>	<p><b>17</b>  <b>10:30</b> Ribbon Rhythm  <b>2:00</b> Family Day Social                  - Main Dining Room-</p>	<p><b>18</b>  <b>10:30</b> Anglican Service                  -Chapel-  <b>2:45</b> Art Cart  <b>6:45</b> Afternoon Bingo!</p>	<p><b>19</b>  <b>10:30</b> Puzzles &amp; Games  <b>2:00</b> Warblers Concert                  -Activity Room-  <b>6:45</b></p>	<p><b>20</b>  <b>8:00</b> Pancake Breakfast                  - Main Dining Room-   <b>2:45</b> Meet &amp; Greets</p>	<p><b>21</b>  <b>10:30</b> Art with Graeme                  -Main Dining Room-   <b>2:45</b> Beauty Corner</p>	<p><b>22</b>  <b>10:30</b> Group Exercise                  -Activity Room-  <b>2:00</b> Monthly Birthday Party                  -Main Dining Room-</p>
<p><b>23</b>  <b>10:00</b> Hymn Sing  <b>11:00</b> Roman Catholic Service                  -Chapel-  <b>2:00</b> Sunday Afternoon Bingo                  -Activity Room-</p>	<p><b>24</b>  <b>11:30</b> Swiss Chalet Outing   <b>2:45</b> Afternoon Stretch</p>	<p><b>25</b>  <b>10:30</b> Anglican Service                  -Chapel-  <b>2:00</b> Mardi Gras Social                  - Main Dining Room-</p>	<p><b>26</b>  <b>10:30</b> Roman Catholic Mass                  -Chapel-  <b>2:00</b> Student Activities                  - Main Dining Room-</p>	<p><b>27</b>  <b>10:00</b> Around the World Trivia  <b>2:00</b> Cooking Class                  - Activity Room-</p>	<p><b>28</b>  <b>10:30</b> News and Views   <b>2:45</b> Afternoon Movie &amp; a Social</p>	<p><b>29</b>  <b>10:30</b> Group Exercise                  -Activity Room-  <b>2:00</b> Saturday Afternoon Social                  -Activity Room-</p>

Please Note Programs are subject to change

Programs in black are located off the unit      Programs in purple are located on the unit

Sun

Mon

Tue

Wed

Thu

Fri

Sat

The  
Dexford

# FEBRUARY

7<sup>th</sup>  
FLOOR

**1**  
**Calendar Handout**  
2:00 Saturday  
Afternoon Social  
-Activity Room-

**2**  
10:00 Worship Service  
11:00 Roman Catholic Service  
-Chapel-  
2:00 Sunday Afternoon Bingo  
-Activity Room-

**3**  
10:30 Exercises Group  
2:45 Let's Talk  
6:45 Quick on the  
Draw

**4**  
10:30 Anglican Service  
-Chapel-  
2:45 Cards & Games  
6:45 Bowling

**5**  
10:30 Fun & Fitness  
2:00 Fun Strummers  
- Main Dining Room-

**6**  
10:30 Move to Music  
2:45 Trivia  
6:45 Sing Along

**7**  
10:30 Art with Graeme  
-Main Dining Room-  
2:30 Chinese New  
Year Celebration  
- Main Dining Room-

**8**  
10:30 Group Exercise  
-Activity Room-  
2:00 Saturday  
Afternoon Social  
-Activity Room-

**9**  
10:00 Hymn Sing  
11:00 Roman Catholic Service  
-Chapel-  
2:00 Sunday Afternoon Bingo  
-Activity Room-

**10**  
2:00 Residents'  
Council  
Meeting  
-5th Floor Dining Room-  
2:45 Reader's Corner  
6:45 Move to Music

**11**  
10:30 Anglican Service  
-Chapel-  
1:30 Activities with  
Crescent School Students  
-Main Dining Room-

**12**  
10:30 Ball Exercises  
2:30 Entertainment with  
Brian

**13**  
10:30 Exercises  
2:45 Friendship Social  
6:45 Famous Couples

**14**  
10:30 Meet & Greet  
2:00 Valentine's Day  
Social  
- Main Dining Room-  
6:30 Seventh Day  
Adventist Church -Chapel-

**15**  
10:30 Group Exercise  
-Activity Room-  
2:00 Ebenezer Choir  
-Activity Room-

**16**  
10:00 Worship Service  
11:00 Roman Catholic Service  
-Chapel-  
2:00 Toronto City Church  
-Activity Room-

**17**  
10:30 Meet & Greet  
2:00 Family Day Social  
- Main Dining Room-

**18**  
10:30 Anglican Service  
-Chapel-  
2:45 Cards & Games  
6:45 Sing-A-Long

**19**  
2:00 Warblers Concert  
-Activity Room-

**20**  
8:00 Pancake Breakfast  
- Main Dining Room-  
2:45 Readers Corner

**21**  
10:30 Art with Graeme  
-Main Dining Room-  
2:45 Move to Music

**22**  
10:30 Group Exercise  
-Activity Room-  
2:00 Monthly Birthday  
Party  
-Main Dining Room-

**23**  
10:00 Hymn Sing  
11:00 Roman Catholic Service  
-Chapel-  
2:00 Sunday Afternoon Bingo  
-Activity Room-

**24**  
11:30 Swiss Chalet  
Outing  
2:45 Trivia  
6:45 Basketball Game

**25**  
10:30 Anglican Service  
-Chapel-  
2:00 Mardi Gras Social  
-Main Dining Room-

**26**  
10:30 Roman Catholic Mass  
-Chapel-  
2:00 Student Activities  
- Main Dining Room-  
6:45 Sing-A-Long

**27**  
10:30 Fun & Games  
2:30 Entertainment with  
Brian  
6:45 Remembering  
Love Songs

**28**  
10:30 Therapeutic  
Dolls/pets  
2:45 Hot Chocolate  
Social

**29**  
10:30 Group Exercise  
-Activity Room-  
2:00 Saturday  
Afternoon Social  
-Activity Room-

Please Note Programs are subject to change

Programs in black are located off the unit

Programs in purple are located on the unit

Activities & Pastoral Care Calendar