

Fall 2019

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Tournament Sponsors Continued

Hole Sponsors: Aramark, Absolute Alliance, Ataja Electric, Bass Associates, Cardinal Health, Indus Systems, Julie Bessant-Pelech & Associates, Mills & Mills, Trace Electric, The Wexford Volunteers, and Waterman Plumbing.

Special thanks to the friends of the tournament and our silent auction donors for the lovely items they donated.



Thanks to our MC Alan Butryn, who has a good sense of humor and connects well with the golfers.

Thank

A round of applause for our Golf Committee who keep at it and make things happen.

We would also like to thank all the volunteers for their diligence and hard work! Great Job!!!

THE WEXFORD COMMUNICATOR welcomes comments and announcements that would benefit friends and families of residents and tenants at The Wexford Residence Inc., and supporters of the Wexford Residence Foundation.

Our address is 1860 Lawrence Ave. East, Toronto, Ontario M1R 5B1 T. 416 752-8877, F. 416 752-4350 Toll Free Number: 1-877-807-0810 Email: information@thewexford.org. Website : www.thewexford.org



THE WEXFORD Communicator

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New LTC Report Card Coming Soon!

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Sandra Bassett, Executive Director & CEO

The views expressed in this publication are the views of The Wexford Residence and do not necessarily reflect those of the LHIN or the Government of Ontario

From the Desk of the CEO

Last week the Ministry of Long-Term Care (no longer the Ministry of Health and Long-Term Care!) announced that a new LTC Home Performance Report will be available to LTC Homes in



early October with the public launch anticipated for Fall 2019. Please see the communication from the Ministry on page 5 of this issue of the Communicator. This is great news for all stakeholders in LTC as transparency is important and you should be able to see how the different LTC homes in the Province compare with one another. Of course this is just a snapshot in time and all nursing homes will continue to address areas for improvement. It is expected that this information will be updated bi-annually in the spring and fall each year.

On Oct 3rd we had an unplanned power outage that lasted for about 3 hours. Our emergency generator worked as expected and for the most part, we continued without incident. Residents received their hot lunch as planned and all staff pitched in to assist and ensured that all residents and tenants were taken care of. The staff were amazing and worked so well together as a team. Thanks to Toronto Hydro and Ainsworth Electrical who were able to quickly find the problem and then reset the breaker. This was a good test of our emergency procedures which we do test on a monthly basis. Over the course of a year, each emergency procedure is tested once. Thanks again to everyone who helped out!

We are also about to enter the flu season and we are very happy with the high rate of vaccination for our staff and residents (over 95%). This flu season we are really encouraging all tenants and all family members/friends to have the flu shot. We really want to minimize the number of respiratory outbreaks we have this flu season, so please get the flu shot and wash your hands with the sanitizing units located throughout the building. Let's keep everyone safe!

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Scarborough Ontario Health Team "In Development"

Last month, The Wexford Residence announced that it had joined in partnership with more than 40 Scarborough health service providers to create an Ontario Health Team (OHT) for Scarborough. In May 2019, groups interested in

becoming OHTs submitted self-assessment applications to the Ministry of Health and Long-Term Care, to demonstrate readiness to become a formal OHT.

The Ministry received over 150 self-assessment applications. Based on the self-assessment, interested groups have been placed into one of three categories:

- 1. Thirty-one (31) have been selected to move to the "Full Application" stage with applications due in October 2019;
- 2. Forty-one (41) have been identified as "In Development"; and
- 3. The remainder (i.e. the majority of applicants) are considered "In Discovery."

The Wexford Residence is pleased to report that the Scarborough OHT has been identified as "In Development."

Groups identified as "In Development" have access to resources to further develop their OHT and submit a full application at a later date. The Scarborough OHT feels that this is a fair reflection of where we currently stand and we are told that there is a 'small difference' between the full application group and the in-development group.

We continue to be very proud of what we have accomplished and thank all of our partners for what they have brought to the table. We have already committed to moving forward with building and designing our OHT and now we have the room to do it.

The Scarborough OHT partners have formed several working groups to design an integrated system of care for Scarborough, and expects that the OHT will move to the full application process in the near future. Building on our long history of collaboration, together, we can and will transform how care is provided for the people of Scarborough.

Learn more about OHT at <u>www.ontario.ca/connectedcare</u>. For questions pertaining to the Scarborough OHT in development, contact Sandra Bassett at 416-320-2349.



Influenza is a serious respiratory illness caused by a virus that spreads easily. Symptoms include headache, muscles aches, fever and fatigue. The influenza vaccine is given every year in October/ November to help prevent the development of the flu.

The flu is less severe in people who are vaccinated and therefore helps prevent deaths. The flu vaccine changes every year to protect against the flu strains thought to be the most prevalent that year.

The number one priority at the Wexford is the health and safety of our residents, staff and visitors. Influenza activity will soon increase both in the community and at The Wexford. Please remember outbreaks are preventable and there are three ways to prevent influenza:

- get your flu shot,
- clean your hands, and
- do not come to visit when you are ill.

Each year we hold a free flu shot clinic in the main lobby for both staff and tenants. This year in addition to our regular Flu clinic for residents, staff, tenants and volunteers, we will hold Flu clinic for families and friends.

Please watch out for the flyers regarding the date and location.





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14th Annual Golf Tournament held on Tuesday June 18, 2019 Remington Golf & Country Club

You Made the Game Make the DifferenceThank You!

Thanks to all our supporters who helped to make this year's event successful. 125 golfers participated this year and the feedback was very positive.

This year we raised gross revenue of \$74,000 including \$4,729 from the silent auction. The money raised enables the four participating homes - The Wexford Residence, Advent Valleyview Residence, Mariann Home and Nisbet Lodge to fund important projects that directly benefit their seniors. Our share of \$14,500 will go towards purchasing furnishings for the home.

Hot items at the silent auction this year included tickets for the Rogers Cup, an Apple Watch and a framed picture of the shot that made it happen for the Raptors, which went at the full value!

New this year was entertainment. Steel Panist Gabriel Chartrand rendering of popular songs was well received and hopefully we can have him again for the next tournament.

We would like to thank the following Tournament Sponsors, Hole Sponsors and Friends of the Tournament for their contribution to this year's tournament

Lead Sponsor	Medi
Banquet Sponsor	Paul
Gulf Cart Sponsor	F Sha
Lunch Sponsor	Medi
Golf Prize Sponsor	M Ar
Putting Sponsor	Brim
Promotional Sponsor	Sunb
Silent Auction Sponsor	Gold
Hole-in-one Sponsor	Hub

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dical Pharmacies l O'Connor Funeral Home haw Management dical Mart Architects nley Medical Centre bright Linen's Services den Dental Care

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When and Where do I Vote?

The Federal Election is on: October 21, 2019 From 9:30 A.M.—9:30 P.M.



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To vote, you must:

- be a Canadian citizen
- be at least 18 years old on election day
- prove your identity and address

If you live at The Wexford Residence Inc.

On election day, you can vote here: 1860 Lawrence Avenue E. Ground Floor, Adjuvant Room

"Advanced Polling" Days are on:

October 11th, 12th, 13th, and 14th, 2019

From: 9:00 AM-9:00 PM

On Advanced Polling Days, vou can vote here:

1860 Lawrence Avenue East, Ground Floor, Adjuvant Room





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ENRICHING LIVES EVERYDAY

In July 2019 the BPSO team conducted facility wide education on concepts related to therapeutic communication and relationship building. It was emphasised that the language we use on a daily basis influences the service we provide to the residents of the home.

The "Take the Pledge" movement supported by Behavioural Supports Ontario was introduced as a **Leanne Daniels** method to move towards person centred language. The initiative highlights: seeing the person first, building trusting relationships, considering all forms of communication, and advocating for person centred language. In position, as she held a August 2019 the BPSO team hosted "Take the Pledge" similar role in two other LTC day where staff were able to learn how they could organizations. She started her promote person centred care by "Taking the Pledge". The day was successful and ongoing support is required to maintain a person centred culture in the home.

Over the last few months the BPSO team enthusiastically dove into the Person and Family Centred Care Best Practice Guideline. The guideline focuses on the person as a unique individual and not their immediate illness or chronic disease. The home currently has plenty of initiatives that showcase the commitment to person and family centred care.

Some of the initiatives include: "All About Me", the "I Am" statement, Montessori activities, doll program and robotic animal program. Person and family centred care does not only focus on the resident, but looks at the nature of the relationships employees have with residents and their families.

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What's Happening at The Wexford



Welcome Our New Staff

Leanne is our new Director of Programs and Services. She has a wealth of experience in this

career as a Recreation Aid so she has first-hand experience interacting with residents and their families. She is very resident focused and she knows her residents well, and wants to provide meaningful activities for them. She also has experience overseeing the volunteer department and will be able to provide leadership and direction to this key group within our organization. Leanne is very friendly, approachable and possesses strong communication skills.

Gani Manalo

Gani Manalo is our new Director of Environmental Services. He has a great deal of experience in managing housekeeping, maintenance, janitorial and building/facility operations.







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Fall Harvest

The Wexford Residence's Fall Harvest Dinner was a night of good food, music and dance. The menu consisted of pulled pork with a dinner roll, potatoes, fresh local corn on the cob and apple pie with ice cream for dessert. The dining room was decorated in seasonal colours and harvest inspired fair which included items made by the residents.

David Wildsmith and his partner entertained the crowd with a variety of classic songs, which you couldn't help but sing along or dance to. The evening continued well past meal time with residents, staff and family members enjoying themselves, culminating in a performance of the chicken dance.







Fall Bazaar

The fall bazaar & bake sale on September 28, 2019 was a big success. On behalf of the ASC council of officers and the bazaar committee, I would like to thank all tenants. ASC members. visitors, staff, and volunteers for their donations, time, and hard work. Without your support, this event could not have happened smoothly. We made \$1,719.00 that will be divided between the ASC account and tenant association account.

Computer Lab

Just a reminder that we provide free internet access in our Computer Lab on the Main Floor.



You are able to Skype with family and friends who live out of town. Residents and tenants are encouraged to purchase their own internet, along with cable, television and phones.



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A *NEW* LTC Home Performance Report—Coming Soon!



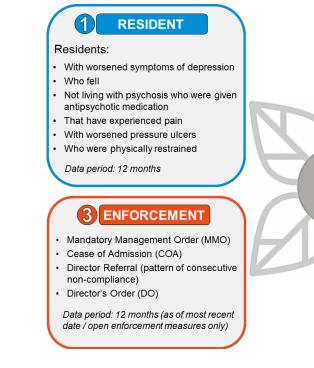
The Ministry of Long-Term Care is pleased to announce that a new LTC Home Performance Report will be available to LTC Homes in early October 2019. This report will replace the performance level information that is currently listed on the Ministry of Long-Term Care website.

This initiative is part of an effort to provide open and transparent data that furthers the ministry's commitment to strengthening the long-term care system. The public launch of this information on the ministry website is anticipated for Fall 2019.

An updated report will be released on a bi-annual basis – in Spring and Fall every year.

What is the LTC Home Performance Report?

The report provides data on key indicators chosen to measure the performance of each Ontario LTC home. The data indicators in the new LTC Home Performance Report are divided into four categories, as displayed below:



Users can view data for the above indicators for any LTC home in Ontario, and in many cases, see how the data compares with provincial benchmarks and averages.

The ministry will publish the LTC Home Performance Report — with data for all LTC homes — on its public website in the near future.

