

**Sponsorship Registration:**

Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 Postal Code: \_\_\_\_\_  
 Phone: \_\_\_\_\_  
 Email: \_\_\_\_\_

I would like to be a: \_\_\_\_\_ Sponsor  
 \$ \_\_\_\_\_

**Golf Registration:**  
 Individual: \$200.00  
 Foursome: \$800.00

**I would like to register**

- Individual
- Foursome
- other

**Dietary Requirements:**  
 \_\_\_\_\_  
 \_\_\_\_\_

1. Name: \_\_\_\_\_  
 Email: \_\_\_\_\_  
 Phone: \_\_\_\_\_

2. Name: \_\_\_\_\_  
 Email: \_\_\_\_\_  
 Phone: \_\_\_\_\_

3. Name: \_\_\_\_\_  
 Email: \_\_\_\_\_  
 Phone: \_\_\_\_\_

4. Name: \_\_\_\_\_  
 Email: \_\_\_\_\_  
 Phone: \_\_\_\_\_

**Total Amount:** \_\_\_\_\_

**Method of Payment :**

- Cheque (payable to The Wexford Residence Inc.)
- Credit Card (Visa/ MC) only

\_\_\_\_\_ Exp: \_\_\_\_\_  
 Signature: \_\_\_\_\_

Complete your registration and email to **Clement Lo** at [clo@thewexford.org](mailto:clo@thewexford.org)  
 Telephone: 416- 701- 2507

The Wexford Communicator welcomes comments and announcements that would benefit friends and families of residents and tenants at The Wexford Residence Inc., and supporters of The Wexford Residence Foundation.

Our address is 1860 Lawrence Ave. East, Toronto, Ontario M1R 5B1 T. 416 752-8877, F. 416 752-4350  
 Toll Free Number: 1-877-807-0810 Email: [information@thewexford.org](mailto:information@thewexford.org) Website : [www.thewexford.org](http://www.thewexford.org)

REGISTERED CHARITABLE BUSINESS NUMBER: 892920190RR0001



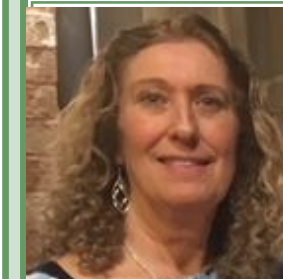
**“Real generosity toward the future lies in giving all to the present.”**

*Albert Camus Mary*



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**From the Desk of the CEO**

The COVID-19 global outbreak is a concern for everyone but especially for frail seniors living in senior’s facilities such as The Wexford. Infection prevention and control is always a priority for our staff. As soon as three residents show common signs of a respiratory infection, we immediately inform Public Health and discuss the need to implement strict infection control measures. We tend to err on the side of caution and quickly isolate those residents with signs of a cold or the flu.

My staff and I are in regular communication with the Ministry of Health, and we participate on regular webinars to get updates on COVID-19, and the best practices to implement within long-term care homes. As of today, the recommended guidelines require only passive screening which means visitors and staff are to self-identify if they have any respiratory symptoms and they are not to visit their loved one until they are feeling better. Also do not visit if returning from overseas travel to COVID infected areas.

**What’s the best protection from respiratory illnesses including COVID-19?**

- Wash hands regularly with soap and water or use an alcohol based hand sanitizer
- Avoiding touching your eyes, nose and mouth as much as possible
- Avoid contact with people who are sick
- See to self-help guidelines on the next page

**Protect others by:**

- Staying home when you sick
- Covering coughs and sneezes with a tissue or your sleeve
- Are your immunizations up to date? Vaccinations can help protect you from contagious illnesses



## Coronavirus Disease 2019 (COVID-19) How to self-monitor

Follow the advice that you have received from your health care provider.  
If you have questions, or you start to feel worse, contact your health care provider,  
Telehealth (1-877-797-0000) or your public health unit.

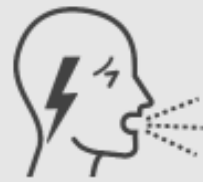
### Monitor for symptoms for 14 days after exposure



Fever



Cough



Difficulty breathing

### Avoid public spaces

- Avoid crowded public spaces and places where you cannot easily separate yourself from others if you become ill.

### What to do if you develop these or any other symptoms?

- Self-isolate immediately and contact your public health unit and your health care provider.
- To self-isolate you will need:
  - Instructions on how to self-isolate
  - Supply of procedure/surgical masks (enough for 14 days)
  - Soap, water and/or alcohol-based hand sanitizer to clean your hands
- When you visit your health care provider, avoid using public transportation such as subways, taxis and shared rides. If unavoidable, wear a mask and sit in the back seat.

### Contact your public health unit:

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### Learn about the virus

COVID-19 is a new virus. It spreads by respiratory droplets of an infected person to others with whom they have close contact such as people who live in the same household or provide care.

You can also access up to date information on COVID-19 on the Ontario Ministry of Health's website: [ontario.ca/coronavirus](https://ontario.ca/coronavirus)

The information in this document is current as of February 14, 2020

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*It is that time again, get the golf clubs out and begin to practice your swing for our 15th Joint Charity Golf Tournament!*

This year we will be working in association with the East York Kiwanis for our 15th year. We continue our partnerships with Nisbet Lodge, Mariann Home and Advent Valleyview, our corporate sponsors and you! Thank you for coming out every year to play golf and help us raise significant funds for our fundraising projects. Last year we used our share to purchase furnishings for the home including the main lobby, back garden and Kiosk. This year our revenue will go towards purchasing dining room chairs for the resident dining rooms on each floor.

To date we have the following Sponsorships. Please contact us to fill one of the available sponsorships:

<b>Lead Sponsor:</b>	<b>Medical Mart</b>	<b>Banquet Sponsor:</b>	<b>Achieva Health</b>
<b>Golf Cart Sponsor :</b>		<b>Lunch Sponsor:</b>	
<b>Hole in One Sponsor:</b>	<b>Hub International</b>	<b>Putting Sponsor:</b>	<b>Brimley Medical</b>
<b>Promotion Sponsor:</b>		<b>Contest Sponsor:</b>	
<b>Silent Auction:</b>			

### Silent Auction Items:

The Silent Auction continues to be one of the highlights of the Tournament. Every year, golfers take home great items: gift cards, entertainment & sports tickets as well as small appliances, just to name a few. Please consider donating one of these items for the auction.

For your convenience we have included the registration and sponsorship form on the back page. Complete and email to:

**Clement Lo at [clo@thewexford.org](mailto:clo@thewexford.org)**  
**Phone number is 416- 701- 2507**  
**Or mail it to his attention at The Wexford Residence**  
**1860 Lawrence Ave. East Scarborough ON M1R 5B1**

For details about sponsorship, the tournament and donating silent auction prizes email Gwen Ramsay at [foundation@nisbetlodge.com](mailto:foundation@nisbetlodge.com).

**We look forward to seeing you on Tuesday June 16th!**





## Julia's Report



April 2020 commences year three of our journey to become a Best Practice Spotlight Organization. The BPSO team has accomplished quite a bit over the last two years.

Accomplishments include:

### (2018-2019) Preventing Falls & Reducing Injury:

- Implementing the Morse Falls Risk Assessment after each resident fall
- Falls management education by the BPSO team
- Purposeful Rounding

### (2019-2020) Person & Family Centred Care

- Person centred language education by the BPSO team
- Integration of individualized initiatives

### (2019-2020) Oral Health:

- Nursing Assessment & Intervention
- Implementing the Oral Health Assessment Tool during admission
- Oral health education supported by Direct Dentistry
- Oral health education by the BPSO team



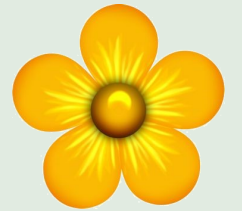
The next phase of our BPSO work is to ensure what we have implemented over the last two years is sustained. Sustainability will be the home's focus until designation in April 2021. The BPSO team is excited to introduce three new co-leads for each Best Practice Guideline (BPG) to assist with sustainability. Marcia Alleyne – Personal Support Worker will be supporting the Preventing Falls & Reducing Injury from Falls BPG, Sonia Taylor – Activationist who will be supporting the Person & Family Centred Care BPG and Deserie Johnson – Lewis – Registered Nurse who will be supporting the Oral Health: Nursing Assessment & Intervention BPG. Each co-lead has a dedicated team of BPSO trained champions.

The home also had the honour of having a column published in the Ontario Association of Residents Council (OARC) Seasons magazine for the Spring/Summer 2020 edition. The publication is titled *Managing Personal Expressions Using a Person Centred Approach*. The piece will be available for review at the end of March 2020.



## RESIDENT SATISFACTION

The Results are in... How did we do?



2018 vs 2019

### Quality of Personal Care and Services

- Personal Care & Services 100% vs 92%
- Responding to Needs & Requests 100% vs 88%
- Mobility & Independence 96% vs 80%

### Food and Food Services

- I generally enjoy my meals. 87% vs 70%
- Variety of menu. 87% vs 71%
- Meal time is pleasurable. 87% vs 62%

### Communication

- I can express my opinion without fear of reprisal. 100% vs 84%

### Spiritual Care

- Able to take part in Religious/Spiritual Activities. 80% vs 83%

### Voice of the Resident

- Do you have a say in decisions made by the home that affect you/ loved one? 82 % vs 76%

### Quality of the Living Environment

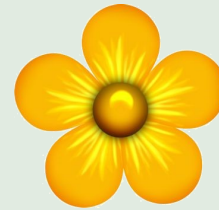
- Temperature 100% vs 88%

*The views expressed in this publication are the views of The Wexford Residence and do not necessarily reflect those of the LHIN or the Government of Ontario.*



## FAMILY SATISFACTION

The Results are in... How did we do?



2018 vs 2019

### Quality of Personal Care and Services

- Personal Care & Services 91% vs 93%
- Responding to Needs & Requests 80% vs 94%
- Dressed appropriately per season 90 % vs 98 %

### Food and Food Services

- I generally enjoy my meals. 79% vs 74%
- Variety of menu. 85% vs 80%
- Meal time is pleasurable. 84% vs 77%

### Communication

- I can express my opinion without fear of reprisal. 86% vs 100%

### Spiritual Care

- Able to take part in Religious/Spiritual Activities. 88% vs 88%

### Voice of the Resident

- Do you have a say in the decisions made by the home that affect you/ loved one? 85% vs 85%

### Quality of the Living Environment

- General repair and upkeep of building 92 % vs 98%

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Mailing Address/ Adresse Postale  
Box 48  
Kingston ON K7L 5J3

## Final Notice

### RED HEALTH CARD



Dear Customer,

**The Ontario government is eliminating red and white health cards to reduce the risk of health fraud. They will no longer be valid as of July 1<sup>st</sup>, 2020.**

This is your **final notice** to switch your red and white health card to the more secure photo health card. With advanced security features, photo health cards help protect our public health system. There is no charge to update your card.

**As of July 1<sup>st</sup>, 2020, you will not be able to access OHIP health services with your red and white health card.** You may be billed for services until you confirm your eligibility for OHIP and get your photo health card. Once you have your photo health card, show it to your health care provider and request reimbursement of any fees paid.

As an Ontarian living in a long-term care home, you may obtain your new health card by mail. To do this, please:

- Ask your Long-Term Care administrator to complete the information on the back of this notice
- Choose **one document (from list 1)** from the **Ontario Health Insurance Plan (OHIP) Document List** enclosed with this notice.
- Return the completed notice and a **photocopy** of your document in the enclosed envelope.

We will send you your new health card within 4 to 6 weeks after we receive your completed notice. This new health card will not have your photo or signature on it.

### Note to Long-Term Care Administrators:

Please complete the section on the reverse of this notice confirming that this individual resides in your Long-Term Care home. Return the completed notice and a **photocopy** of your resident's citizenship document in the enclosed envelope.

If you have questions about red and white health cards, call 1-866-989-9399.