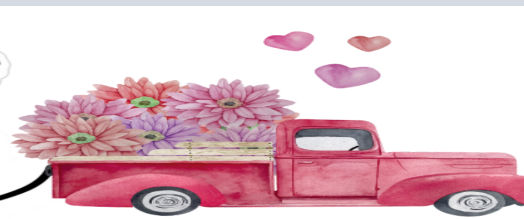




February



The Wexford

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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5th Floor

Activities and Pastoral Care Calendar

10:00 Hymn Sing with Bodene (MDR)



10:00 Chair Yoga (CA)
2:00 Café - Groundhog Day Trivia (CAF)

10:00 Friendly Visits (RR)
10:00 Physio Exercise Class (CA)
2:00 Entertainment - Michelle White (MDR)

2:00 Bingo (AR)



10:00 Sunday Hymn Sing (AR) **5**



10:00 Stretch & Strengthen (CA) **6**
10:00 Word Games (CA)

10:00 Stretch & Strengthen - Health and Wellness Tips (CA) **7**
2:00 Music Appreciation (CA)

10:00 Hymn Sing with Bodene (MDR) **8**
2:00 No Afternoon Programs

10:00 Café (CAF) **9**
2:00 Word Games (CA)



10:00 Friendly Visits (RR) **10**
10:00 Physio Exercise Class (CA)

10:00 Chair Yoga (CA) **11**
2:00 Bingo (AR)

10:00 Friendly Visits (CA) **12**
10:30 Church Service - Dr. Hernandez (AR)

10:00 Stretch & Strengthen (CA) **13**
2:00 Famous Places (CA)



10:30 Entertainment - The Sparklettes (MDR) **14**
2:00 Creative Corner - Valentine craft (CA)
6:00 Bingo (CA)

10:00 Hymn Sing with Bodene (MDR) **15**

10:00 Chair Yoga (CA) **16**
2:00 Café (CAF)



10:00 Friendly Visits (RR) **17**
10:00 Physio Exercise Class (CA)
2:00 Entertainment - Smile Theatre (MDR)

2:00 Bingo (AR) **18**



10:00 Sunday Hymn Sing (AR) **19**



10:00 Stretch & Strengthen (CA) **20**
10:00 Word Games (CA)
2:00 Entertainment - Dave Rowan (MDR)

10:00 Stretch & Strengthen - Health and Wellness Tips (CA) **21**
2:00 Music Appreciation (CA)

10:00 Hymn Sing with Bodene (MDR) **22**

10:00 Café (CAF) **23**
2:00 Birthday Party - Jack Garson (MDR)

10:00 Friendly Visits (RR) **24**
10:00 Residents' Council Meeting (AR)
2:00 Physio Exercise Class (CA)

10:00 Chair Yoga (CA) **25**
2:00 Bingo (AR)

10:30 Church Service - Dr. Hernandez (AR) **26**

10:00 Stretch & Strengthen (CA) **27**
2:00 Famous Places (CA)

2:00 Creative Corner (CA) **28**
6:00 Bingo (CA)



Locations Legend

- Common Area (CA)
- Main Dining Room (MDR)
- Activity Room (AR)
- Café (CAF)
- Resident's Room (RR)