

March

The Wexford

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

5TH FLOOR
Activities and Pastoral Care Calendar

10:00 Calendar Handout (RR) **1**
10:00 Catholic Mass (MDR)

10:00 Chair Yoga (CA) **2**
2:00 Café (CAF)


10:00 Friendly Visits (RR) **3**
10:00 Physio Exercise Class (CA)
2:00 Word Games (CA)

2:00 Bingo (AR) **4**


10:00 Sunday Hymn Sing (AR) **5**

10:00 Stretch & Strengthen (CA) **6**
2:00 Entertainment with Joe Zambri (MDR)

10:00 Stretch & Strengthen - Health and Wellness Tips (CA) **7**
2:00 Music Appreciation (CA)

International Women's Day **8**
10:00 Hymn Sing with Bodene (MDR)
2:00 Word Games (CA)


10:00 Café (CAF) **9**
2:00 Guest Speakers - Jerry & Lynda (MDR)

10:00 Friendly Visits (RR) **10**
10:00 Physio Exercise Class (CA)


10:00 Chair Yoga (CA) **11**
2:00 Bingo (AR)

10:30 Church Service - Dr. Hernandez (AR) **12**


10:00 Stretch & Strengthen (CA) **13**
2:00 Music Appreciation (CA)

2:00 Creative Corner (CA) **14**
6:00 Bingo (CA)

10:00 Hymn Sing with Bodene (MDR) **15**


10:00 Chair Yoga (CA) **16**
2:00 Café (CAF)


10:00 Friendly Visits (RR) **17**
10:00 Physio Exercise Class (CA)
2:00 Entertainment - St. Patrick's Day Party with Marie Gogo (MDR)

2:00 Bingo (AR) **18**


10:00 Sunday Hymn Sing (AR) **19**

10:00 Stretch & Strengthen (CA) **20**
2:00 Famous Places (CA)


10:00 Stretch & Strengthen - Health and Wellness Tips (CA) **21**
2:00 Music Appreciation (CA)

10:00 Hymn Sing with Bodene (MDR) **22**
2:00 Riddles (CA)

10:00 Café (CAF) **23**
2:00 Birthday Party with Vivianna (MDR)

10:00 Friendly Visits (RR) **24**
10:00 Residents' Council Meeting (AR)
2:00 Physio Exercise Class (CA)

10:00 Chair Yoga (CA) **25**
2:00 Bingo (AR)

10:30 Church Service - Dr. Hernandez (AR) **26**


10:00 Stretch & Strengthen (CA) **27**
2:00 Famous Places (CA)

2:00 Creative Corner (CA) **28**
6:00 Bingo (CA)

10:00 Catholic Mass (MDR) **29**


10:00 Chair Yoga (CA) **30**
2:00 Café (CAF)

10:00 Friendly Visits (RR) **31**
10:00 Physio Exercise Class (CA)
2:00 Entertainment with Puttin' on the Hits (MDR)

Locations Legend
Common Area (CA)
Main Dining Room (MDR)
Activity Room (AR)
Resident's Room (RR)
Café (CAF)