


# September



**Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday**

## 5th Floor Activities and Pastoral Calendar

Locations Legend  
 Common Area (CA)  
 Activity Room (AR)  
 Café (CAF)  
 Craft Room (CR)  
 Resident's Room (RR)  
 Main Dining Room (MDR)

10:00 Calendar Handout (RR) **1**  
 10:30 Ice Cream Churning with Conny (AR)  


2:00 Bingo (AR) **2**  


10:30 Sunday Hymn Sing (AR) **3**  


10:00 Stretch & Strengthen (CA) **4**  
 2:00 Word Games (CA)

10:00 Stretch & Strengthen - Health and Wellness Tips (CA) **5**  
 2:00 Music Appreciation (CA)

10:00 Hymn Sing with Bodene (MDR) **6**  
 2:00 Entertainment with Puttin' on the Hits (AR)  
 3:00 Physio Exercise Class (CA)

10:00 Café (CAF) **7**  
 2:00 Trivia (CA)

10:30 Java Music Club (CR) **8**

10:00 Chair Yoga (CA) **9**  
 2:00 Bingo (AR)

10:30 Church Service - Dr. Hernandez (AR) **10**  
 2:00 Afternoon Social (CA)

10:00 Stretch & Strengthen (CA) **11**  
 2:00 Famous Faces (CA)

2:00 Café (CAF) **12**  
 6:00 Bingo (CA)

10:00 Hymn Sing with Bodene (MDR) **13**  
 2:00 Entertainment with Brian Larter (AR)  
 3:00 Physio Exercise Class (CA)

10:30 Residents' Council Social (AR) **14**  
 2:00 Reader's Circle - Poetry (CA)

10:00 Friendly Visits (RR) **15**  
 10:30 Java Music Club (CR)

2:00 Bingo (AR) **16**

10:30 Sunday Hymn Sing (AR) **17**  
 2:00 Toronto City Church (AR)

10:00 Stretch & Strengthen (CA) **18**  
 2:00 Café (CAF)

10:00 Stretch & Strengthen - Health and Wellness Tips (CA) **19**  
 2:00 Music Appreciation (CA)

10:00 Catholic Mass (AR) **20**  
 2:00 Oktoberfest with Milan (AR)  
 3:00 Physio Exercise Class (CA)  



10:30 Apple Cider Making with Conny (AR) **21**  
 2:45 Entertainment with Brian (CA)

10:00 Residents' Council Meeting (AR) **22**

10:00 Chair Yoga (CA) **23**  
 10:30 Java Music Club (CR)  
 2:00 Bingo (AR)  


10:30 Church Service - Dr. Hernandez (AR) **24**  
 2:00 Movie Time (CA)

10:00 Stretch & Strengthen (CA) **25**  
 2:00 Café (CAF)

2:00 Birthday Party with Jack Garson (AR) **26**  
 6:00 Bingo (CA)  


10:00 Hymn Sing with Bodene (MDR) **27**  
 1:00 No Afternoon Programs  
 3:00 Physio Exercise Class (CA)

10:00 Chair Yoga (CA) **28**  
 2:00 Music Appreciation (CA)

10:00 Friendly Visits (RR) **29**  
 10:30 Java Music Club (CR)

National Truth and Reconciliation Day **30**  
 2:00 Bingo (AR)  
