

Wexford Family Liaison Council Meeting Notes – November 21, 2023

Our next Wexford Family Liaison Council meeting will be on Tuesday, December 19 starting at 2 p.m. both in person and via Zoom. Our invited guest will be Wayne Connelly, CEO of the Wexford Residence. Linda will send out a reminder one week in advance of the meeting.

At our Family Liaison Council meeting on November 21, our invited guest was Fida Al Khatib, Director of Care. She led a very informative discussion about Palliative Care at The Wexford.

Below, you will find some links that Fida shared during the presentation and also some screenshots from the slides. Also, there is an attached document from CLRI (Centres for Learning, Research and Innovation in Long-Term Care).

What you need to know about Palliative Care : <https://www.youtube.com/watch?v=KZ9ZXS4C3No>

3 Common Disease Trajectories – YouTube: <https://www.youtube.com/watch?app=desktop&v=hXFos8Q6y3A>

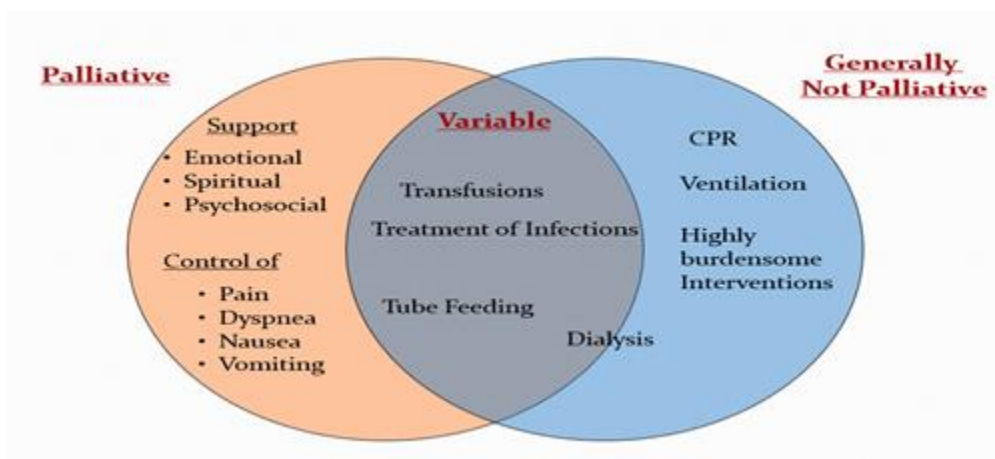
Palliative care, Better Early Than Late: <https://youtu.be/-SZA-kWB8-s>

Advanced Care Planning:

<https://www.youtube.com/watch?app=desktop&v=naqVj9VM2Cg&feature=youtu.be>

What does End of Life mean to you: <https://www.youtube.com/watch?app=desktop&v=FJ0kc1gqkNo&t=1s>

Palliative Care Vs. End-of-Life Care:





Helping Family And Other Substitute Decision Makers

- Rather than asking family what *they* would want done for their loved one, ask *what their loved one would want* for themselves if they were able to say
- This off-loads family of a very difficult responsibility, by placing the ownership of the decision where it should be
- The family is the messenger of the residents wishes, through their intimate knowledge of him/her. They are merely conveying what they feel the resident would say rather than deciding about their care

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Helping Family And Other Substitute Decision Makers

- In situations where death will be an inescapable outcome, family may nonetheless feel that their choices about care are life-and-death decisions (treating infections, hydrating, tube feeding, etc.)
- It may be helpful to say something such as:

"I know that you're being asked to make some very difficult choices about care, and it must feel that you're having to make life-and-death decisions. You must remember that this is not a survivable condition, and none of the choices that you make can change that outcome.

We are asking for guidance about how we can ensure that we provide the kind of care that he would have wanted at this time."

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If there are any educational topics that you would like us to organize for future meetings, please let us know.

Regards,

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