





# April 2024



## Activities and Spiritual Care Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>Sikh Heritage Month &amp; Easter Monday</b> <b>April Fools Day</b> 10:00 Calendar Handout 10:00 Stretch & Strengthen 2:00 Easter Egg Scavenger Hunt	10:00 Stretch & Strengthen - Health and Wellness Tips 2:00 Music Appreciation	10:00 Hymn Sing with Bodene 2:00 Café 3:00 Physio Exercise Class	10:30 Workshop with Conny - Sugar Shack 2:00 Axe Throwing Class	<b>Laylatu Qadr (Night of Power)</b> 10:00 Friendly Visits 10:30 Java Music Club 2:00 Entertainment with Across the Pond	10:00 Chair Yoga 2:00 Bingo
10:30 Sunday Hymn Sing 2:00 Who am I?	<b>Total Solar Eclipse</b> 10:00 Stretch & Strengthen 2:00 Trivia - Solar Eclipse	<b>Eid ul Fitr</b> 2:00 Entertainment with David Wildsmith 6:00 Bingo	<b>Eid ul Fitr</b> 10:00 Hymn Sing with Bodene 2:00 No Afternoon Programs 3:00 Physio Exercise Class	10:00 Café 2:00 Art Club: Paper Flowers	10:00 Friendly Visits 2:00 Java Music Club	2:00 Bingo
<b>Puthandu (Tamil New Year)</b> 10:30 Sunday Hymn Sing	10:00 Stretch & Strengthen 2:00 Word Games	10:00 Baking Club: Chocolate Trifle 2:00 Music Appreciation	<b>Ram Navami</b> 10:00 Catholic Mass 2:00 Creative Corner 3:00 Physio Exercise Class	10:00 Men's Group 2:00 Café	10:30 Java Music Club	<b>Passover Begins</b> 10:00 Chair Yoga 2:00 Bingo
10:30 Sunday Hymn Sing 2:00 Toronto City Church	<b>Earth Day</b> 10:30 Glory Bee Presentation 2:00 Café	2:45 Entertainment with Brian 6:00 Bingo	<b>Theravada New Year</b> 10:00 Hymn Sing with Bodene 3:00 Physio Exercise Class	10:00 Chair Yoga 2:00 Word Games	10:00 Residents' Council Meeting 2:00 Java Music Club 2:00 Music Appreciation	2:00 Bingo
10:30 Sunday Hymn Sing	10:00 Stretch & Strengthen 2:00 Word Games	10:00 Table Games 2:00 Birthday Party with Yo			<b>Locations Legend</b> Common Area Main Dining Room Activity Room Café Resident's Room Craft Room	