

February



Sunday Monday Tuesday Wednesday Thursday Friday Saturday



Locations Legend
 Common Area (CA)
 Activity Room (AR)
 Main Dining Room (MDR)

Resident's Room (RR)
 Craft Room (CR)
 Café (CAF)

10:00 Chair Yoga (CA) **1**
 10:00 Calendar Handout (RR)
 2:00 Music Appreciation (CA)

10:00 Friendly Visits (RR) **2**
 10:30 Java Music Club (CR)
 2:00 Art Club (MDR)

2:00 Bingo (AR) **3**

10:30 Sunday Hymn Sing (AR) **4**

10:00 Stretch & Strengthen (CA) **5**
 2:00 Word Games (CA)

No Programs Today **6**

10:00 Hymn Sing with Bodene (MDR) **7**
 2:00 Ax Throwing (CA)
 3:00 Physio Exercise Class (CA)

10:00 News & Views (CA) **8**
 2:00 Music with Lisa (CA)

10:30 Java Music Club (CR) **9**
 2:00 Chinese New Year Celebration (MDR)

Chinese New Year Begins **10**
 10:00 Chair Yoga (CA)
 2:00 Bingo (AR)

10:30 Sunday Hymn Sing (AR) **11**
 2:00 Reminiscing (CA)

10:00 Stretch & Strengthen (CA) **12**
 2:00 Trivia (CA)

2:00 Mardi Gras with The Sparklettes (MDR) **13**
 6:00 Bingo (CA)

Ash Wednesday & Valentine's Day **14**
 10:00 Hymn Sing with Bodene (MDR)
 2:00 Sweethearts Social (by invitation only) (MDR)
 3:00 Physio Exercise Class (CA)

10:00 Chair Yoga (CA) **15**
 2:00 Café (CAF)

10:00 Friendly Visits (RR) **16**
 10:30 Java Music Club (CR)
 2:00 Entertainment with Brian (CA)

2:00 Bingo (AR) **17**

10:30 Sunday Hymn Sing (AR) **18**
 2:00 Toronto City Church (AR)

10:00 Stretch & Strengthen (CA) **19**
 2:00 Entertainment with Puttin' on the Hits (MDR)

10:30 Hot Chocolate Workshop with Conny (AR) **20**
 2:00 Afternoon Social (CA)

10:00 Catholic Mass (AR) **21**
 2:00 Café (CAF)
 3:00 Physio Exercise Class (CA)

10:00 Chair Yoga (CA) **22**
 2:00 Birthday Party with Jack Garson (MDR)

10:00 Residents' Council Meeting (AR) **23**

10:00 Chair Yoga (CA) **24**
 2:00 Bingo (AR)

10:30 Sunday Hymn Sing (AR) **25**
 2:00 Movie Time (CA)

10:00 Stretch & Strengthen (CA) **26**
 2:00 Family Feud (CA)

2:00 Café (CAF) **27**
 6:00 Bingo (CA)

10:00 Hymn Sing with Bodene (MDR) **28**
 3:00 Physio Exercise Class (CA)

Leap Day or Add-a-Day Day **29**
 10:00 Chair Yoga (CA)
 2:00 Music Appreciation (CA)

5th Floor
 Activities and Pastoral Care Calendar