

**Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday**

Locations Legend  
 Common Area (CA)  
 Main Dining Room (MDR)  
 Activity Room (AR)  
 Patio (PA)  
 Café (CAF)  
 Resident's Room (RR)  
 Off-Site (OS)

Canada Day **1**  
 10:00 Calendar Handout (RR)  
 10:30 Canada Day Party with The Sparklettes (MDR)  
 2:00 Trivia - Canada (CA)

10:00 Chair Yoga (CA) **2**  
 2:00 Garden Visit (PA)



10:00 Hymn Sing with Bodene (MDR) **3**  
 2:00 Colouring (CA)

2:00 Café (CAF) **4**  
 6:00 Garden Visit (PA)

3:00 Physio Exercise Class (CA) **5**

10:00 Spa (CA) **6**  
 2:00 Bingo (AR)



10:30 Sunday Hymn Sing (AR) **7**  
 2:00 Afternoon Social (CA)



Muharram/Islamic New Year **8**  
 2:00 Workshop with Conny: Churning Ice Cream (MDR)

10:00 Outing to Tim Hortons (Invitation Only) (OS) **9**  
 2:00 Café (CAF)

10:00 Hymn Sing with Bodene (MDR) **10**  
 2:00 News & Views (CA)

Imamat Day **11**  
 10:00 Chair Yoga (CA)  
 2:00 Strawberry Social with Dave Rowan (AR)

10:00 Reminiscing (CA) **12**  
 2:00 Creative Corner (CA)  
 3:00 Physio Exercise Class (CA)

2:00 Bingo (AR) **13**



10:30 Sunday Hymn Sing (AR) **14**

10:00 Garden Visit (PA) **15**  
 2:00 Entertainment with Puttin' on the Hits (MDR)  
 2:00 Famous Places (CA)

10:00 Chair Yoga (CA) **16**  
 2:00 No Afternoon Programs

10:00 Hymn Sing with Bodene (MDR) **17**  
 2:00 Disney-Family Feud (CA)

Mandela Day **18**  
 10:00 Baking Club: Graham Cracker Pudding Cake (AR)  
 2:00 Café (CAF)  
 6:00 Garden Visit (PA)

10:00 Residents' Council Meeting (AR) **19**  
 3:00 Physio Exercise Class (CA)

10:00 Garden Visit (PA) **20**  
 2:00 Bingo (AR)



AshalhaPuja (Dharma Day) **21**  
 10:00 Sing Along (CA)  
 2:00 Toronto City Church (AR)

**22**



10:00 Art Club: Olympic Crafts (MDR) **23**  
 2:00 Animal Moments (CA)

10:00 Hymn Sing with Bodene (MDR) **24**  
 2:00 Spa Day (MDR)

10:00 Tai Chi with Cathy (PA) **25**  
 2:00 Trivia (CA)

Summer Olympics Start **26**  
 2:00 Olympic Torch Relay (CA)  
 3:00 Physio Exercise Class (CA)

2:00 Bingo (AR) **27**



10:30 Sunday Hymn Sing (AR) **28**

10:00 News & Views (CA) **29**  
 2:45 Entertainment with Brian (CA)

International Day of Friendship **30**  
 10:00 Documentary (CA)  
 2:00 Birthday Party with Yo (MDR)



10:00 Hymn Sing with Bodene (MDR) **31**  
 2:00 Garden Visit (PA)

**7th Floor**