

March 2024

Activities and Spiritual Care Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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The Wexford

“In March winter is holding back and spring is pulling forward. Something holds and something pulls inside of us too.”
— Jean Hersey

All About Owls Day
Bangladeshi Heritage Month
10:00 Calendar Handout (RR)
10:30 Java Music Club (CR)
2:00 Animal Moments: Owls (CA)

2:00 Bingo (AR)

10:30 Sunday Hymn Sing (AR) **3**

10:00 Reader's Circle (CA) **4**
2:00 Balloon Tennis (CA)

10:00 Spa Time (CA) **5**
2:00 Entertainment with Brian (CA)
3:00 Physio Exercise Class (CA)

Eat the Middle First Day 6
10:00 Hymn Sing with Bodene (MDR)
2:00 Afternoon Social: Oreo Taste Test (CA)

10:00 Café (CAF) **7**
2:00 Soda Bread Workshop with Conny (MDR)

International Women's Day 8 & Maha Shivarati
10:30 Java Music Club (CR)
2:00 Entertainment with Across the Pond (MDR)

10:00 Balloon Tennis (CA) **9**
2:00 Bingo (AR)

Ramadan Begins 10
10:30 Sunday Hymn Sing (AR)
2:00 Table Games: Dominoes (CA)

Johnny Appleseed Day 11
2:00 Creative Corner: Apple Print Totes (CA)
3:30 Friendly Visits
6:00 Movie Time (CA)

2:00 Smile Theatre - The Detective Disappears (MDR) **12**
3:00 Physio Exercise Class (CA)

10:00 Hymn Sing with Bodene (MDR) **13**
2:00 No Afternoon Programs

Butterfly in the Sky Day 14
10:00 Exercises (CA)
2:00 Animal Moments: Butterflies (CA)
3:30 Video Calls

World Sleep Day 15
10:00 Friendly Visits
10:30 Java Music Club (CR)
2:00 Café (CAF)

2:00 Bingo (AR) **16**

St. Patrick's Day 17
10:30 Sunday Hymn Sing (AR)
2:00 Toronto City Church (AR)

10:00 Balloon Tennis (CA) **18**
2:00 St. Patrick's Day Party with The Sparklettes (MDR)

Spring Equinox 19
10:00 Spa Time (CA)
2:00 Trivia: Spring Time (CA)
3:00 Physio Exercise Class (CA)

Won't You Be My Neighbour? Day 20
10:00 Hymn Sing with Bodene (MDR)
2:00 Café (CAF)

Aries the Ram Day 21
10:00 Bocce Ball (CA)
2:00 Bingo (CA)

10:00 Residents' Council Meeting (AR) **22**
2:00 Scarborough Philharmonic Orchestra Chamber Music (MDR)

Purim Begins at Sundown 23
10:00 Colouring: Purim (CA)
2:00 Bingo (AR)

Palm Sunday 24
10:30 Sunday Hymn Sing (AR)
2:00 Meditation (CA)

Holi 25
2:00 Café (CAF)
3:30 Friendly Visits
6:00 Movie Time (CA)

2:00 Birthday Party with Vivianna (MDR) **26**
3:00 Physio Exercise Class (CA)

10:00 Hymn Sing with Bodene (MDR) **27**
2:00 Puzzles (CA)

Be Aware of Caffeine Day 28
10:00 Exercises (CA)
2:00 Trivia: Caffeine Addition (CA)
3:30 Video Calls

Good Friday 29
10:30 Java Music Club (CR)
2:00 Table Games: Dominoes (CA)

2:00 Bingo (AR) **30**

Easter Sunday 31
10:30 Sunday Hymn Sing (AR)

Locations Legend

Common Area (CA) Activity Room (AR)	Main Dining Room (MDR) Craft Room (CR)	Café (CAF) Resident's Room (RR)
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3rd Floor