









March 2024

Activities and Spiritual Care Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="font-size: 2em; margin: 0;">The Wexford</h1>			<p>“In March winter is holding back and spring is pulling forward. Something holds and something pulls inside of us too.”</p> <p>— Jean Hersey</p>		<p style="color: green;">Bangladeshi Heritage Month</p> <p>10:00 Calendar Handout (RR)</p> <p>10:30 Java Music Club (CR)</p> <p>2:00 Creative Corner (CA)</p> 	<p>2:00 Bingo (AR)</p> 
<p>10:30 Sunday Hymn Sing (AR) 3</p>	<p>10:00 Stretch & Strengthen (CA) 4</p> <p>2:00 Word Games (CA)</p>	<p>10:00 Stretch & Strengthen - Health and Wellness Tips (CA) 5</p> <p>2:45 Entertainment with Brian (CA)</p>	<p>10:00 Hymn Sing with Bodene (MDR) 6</p> <p>2:00 Creative Corner (CA)</p> <p>3:00 Physio Exercise Class (CA)</p>	<p>10:00 Café (CAF) 7</p> <p>2:00 Soda Bread Workshop with Conny (MDR)</p> 	<p style="color: green;">International Women's Day & Maha Shivarati</p> <p>10:30 Java Music Club (CR)</p> <p>2:00 Entertainment with Across the Pond (MDR)</p>	<p>10:00 Chair Yoga (CA) 9</p> <p>2:00 Bingo (AR)</p> 
<p style="color: green;">Ramadan Begins</p> <p>10:30 Sunday Hymn Sing (AR) 10</p> <p>2:00 Movie Time (CA)</p> 	<p>10:00 Stretch & Strengthen (CA) 11</p> <p>2:00 Café (CAF)</p>	<p>2:00 Smile Theatre - The Detective Disappears (MDR) 12</p> <p>6:00 Bingo (CA)</p>	<p>10:00 Hymn Sing with Bodene (MDR) 13</p> <p>2:00 No Afternoon Programs</p> <p>3:00 Physio Exercise Class (CA)</p>	<p>10:00 Chair Yoga (CA) 14</p> <p>2:00 Famous Faces (CA)</p>	<p>10:30 Java Music Club (CR) 15</p> <p>2:00 Trivia - St. Patrick's Day (CA)</p> 	<p>2:00 Bingo (AR) 16</p> 
<p style="color: green;">St. Patrick's Day</p> <p>10:30 Sunday Hymn Sing (AR) 17</p> <p>2:00 Toronto City Church (AR)</p> 	<p>10:00 Stretch & Strengthen (CA) 18</p> <p>2:00 St. Patrick's Day Party with The Sparklettes (MDR)</p>	<p style="color: green;">Spring Equinox</p> <p>10:00 Stretch & Strengthen - Health and Wellness Tips (CA) 19</p> <p>2:00 Music Appreciation (CA)</p> 	<p>10:00 Hymn Sing with Bodene (MDR) 20</p> <p>2:00 Ladies' Group (CA)</p> <p>3:00 Physio Exercise Class (CA)</p>	<p>10:00 Café (CAF) 21</p> <p>2:00 Word Games (CA)</p>	<p>10:00 Residents' Council Meeting (AR) 22</p> <p>2:00 Scarborough Philharmonic Orchestra Chamber Music (MDR)</p> 	<p style="color: green;">Purim Begins at Sundown</p> <p>10:00 Chair Yoga (CA) 23</p> <p>2:00 Bingo (AR)</p> 
<p style="color: green;">Palm Sunday</p> <p>10:30 Sunday Hymn Sing (AR) 24</p> <p>2:00 Music with Lisa (CA)</p> 	<p style="color: green;">Holi</p> <p>10:00 Stretch & Strengthen (CA) 25</p> <p>2:00 Café (CAF)</p>	<p>2:00 Birthday Party with Vivianna (MDR) 26</p> <p>6:00 Bingo (CA)</p> 	<p>10:00 Hymn Sing with Bodene (MDR) 27</p> <p>3:00 Physio Exercise Class (CA)</p>	<p>10:00 Chair Yoga (CA) 28</p> <p>2:00 Ax Throwing (CA)</p>	<p style="color: green;">Good Friday</p> <p>10:00 Friendly Visits (RR) 29</p> <p>10:30 Java Music Club (CR)</p> <p>2:00 Reminiscing (CA)</p> 	<p>2:00 Bingo (AR) 30</p> 
<p style="color: green;">Easter Sunday</p> <p>10:30 Sunday Hymn Sing (AR) 31</p> 	<p><u>Locations Legend</u></p> <p>Common Area (CA)</p> <p>Activity Room (AR)</p> <p>Main Dining Room (MDR)</p> <p>Craft Room (CR)</p>		<p>Café (CAF)</p> <p>Resident's Room (RR)</p>		<h1 style="font-size: 3em; color: #8B4513;">5th Floor</h1> 	