



February 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Black History Month 1 10:00 Calendar Handout (RR) 10:30 Sunday Hymn Sing (AR)	10:00 Café (CAF) 2 2:00 Word Games (CA)	10:00 Stretch & Strengthen - Health and Wellness Tips (CA) 3 2:00 Entertainment with Tony Puglisi (MDR)	10:00 Hymn Sing with Bodene (MDR) 4 2:45 Entertainment with Brian (CA) 3:15 Physio Exercise Class (CA)	10:00 Friendly Visits (RR) 5 2:00 Axe Throwing (CA)	10:30 Java Music Club (Group A) (CR) 6 2:00 Winter Olympics Torch Relay (CA)	10:00 Chair Yoga (CA) 7 2:00 Bingo (AR)
10:30 Sunday Hymn Sing (AR) 8 2:00 Helping Hands (CA)	10:00 Stretch & Strengthen (CA) 9 2:00 Creative Corner (CA)	2:00 Workshop with Conny: Herbal Butter (MDR) 10 6:00 Bingo (CA)	10:00 Hymn Sing with Bodene (MDR) 11 2:00 Balloon Tennis (CA) 3:15 Physio Exercise Class (CA)	No programs today 12	10:30 Valentine's Party with The Sparklettes (MDR) 13 2:00 Java Music Club (Group B) (CR)	Valentine's Day 14 2:00 Bingo (AR)
Nirvana Day 15 2:00 Toronto City Church (AR)	Family Day 16 10:00 Stretch & Strengthen (CA) 2:00 Black History Month with Michelle White (MDR)	Lunar New Year & Mardi Gras 17 10:00 Stretch & Strengthen - Health and Wellness Tips (CA) 2:00 Music Appreciation (CA)	Ramadan & Ash Wednesday 18 10:00 Hymn Sing with Bodene (MDR) 2:00 Residents' Council Meeting (MDR) 3:15 Physio Exercise Class (CA)	10:00 Friendly Visits (RR) 19 2:00 Discussion Group - Random acts of kindness (CA)	10:30 Java Music Club (Group A) (CR) 20 2:00 Chinese New Year with Music Box (MDR)	10:00 Chair Yoga (CA) 21 2:00 Bingo (AR)
10:30 Sunday Hymn Sing (AR) 22 2:00 Comedy Time (CA)	10:00 Stretch & Strengthen (CA) 23 2:00 Café (CAF)	2:00 Birthday Party with Yo (MDR) 24 6:00 Bingo (CA)	Pink Shirt Day 25 10:00 Catholic Mass (MDR) 3:15 Physio Exercise Class (CA)	10:00 Chair Yoga (CA) 26 2:00 Friendly Visits (RR)	10:30 Entertainment with Jack Garson (MDR) 27 2:00 Java Music Club (Group B) (CR)	2:00 Bingo (AR) 28

5th Floor Recreation & Spiritual Calendar

Locations Legend

Common Area (CA)

Main Dining Room (MDR)

Activity Room (AR)
Resident's Room (RR)

Craft Room (CR)
Café (CAF)