



# February 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Black History Month 1</b> 10:00 Calendar Handout (RR) 10:30 Sunday Hymn Sing (AR) 2:00 Afternoon Social (CA)	<b>2</b> 	<b>3</b> 10:00 Exercises (CA) 2:00 Entertainment with Tony Puglisi (MDR)	<b>4</b> 10:00 Hymn Sing with Bodene (MDR) 2:00 Helping Hands (CA) 3:15 Physio Exercise Class (CA)	<b>5</b> 10:00 Chair Yoga (CA) 2:00 Friendly Visits (RR)	<b>6</b> 10:00 News & Views (CA) 2:00 Winter Olympics Torch Relay (CA) 	<b>7</b> 2:00 Bingo (AR) 
<b>8</b> 10:30 Sunday Hymn Sing (AR)	<b>9</b> 10:00 Café (CAF) 1:45 Entertainment with Brian (CA)	<b>10</b> 10:00 Helping Hands (CA) 2:00 Workshop with Conny: Herbal Butter (MDR)	<b>11</b> 10:00 Hymn Sing with Bodene (MDR) 2:00 Colouring (CA) 3:15 Physio Exercise Class (CA) 	<b>12</b> 2:00 Friendly Visits (RR) 6:00 Comedy Time (CA) 	<b>13</b> 10:30 Valentine's Party with The Sparklettes (MDR)	<b>14</b> <b>Valentine's Day</b> 10:00 Famous Places (CA) 2:00 Bingo (AR) 
<b>15</b> <b>Nirvana Day</b> 10:00 Montessori (CA) 2:00 Toronto City Church (AR)	<b>16</b> <b>Family Day</b> 2:00 Black History Month with Michelle White (MDR)	<b>17</b> <b>Lunar New Year &amp; Mardi Gras</b> 10:00 Chair Yoga (CA) 2:00 Colouring (CA)	<b>18</b> <b>Ramadan &amp; Ash Wednesday</b> 10:00 Hymn Sing with Bodene (MDR) 2:00 Residents' Council Meeting (MDR) 3:15 Physio Exercise Class (CA)	<b>19</b> 10:00 Chair Yoga (CA) 2:00 Friendly Visits (RR)	<b>20</b> 10:00 News & Views (CA) 2:00 Chinese New Year with Music Box (MDR) 	<b>21</b> 2:00 Bingo (AR) 
<b>22</b> 10:30 Sunday Hymn Sing (AR)	<b>23</b> 10:00 Trivia (CA) 2:00 Montessori (CA) 	<b>24</b> 10:00 Colouring (CA) 2:00 Birthday Party with Yo (MDR)	<b>25</b> <b>Pink Shirt Day</b> 10:00 Catholic Mass (MDR) 2:00 Café (CAF) 3:15 Physio Exercise Class (CA)	<b>26</b> 2:00 Spa Time (CA) 6:00 Comedy Time (CA)	<b>27</b> 10:30 Entertainment with Jack Garson (MDR)	<b>28</b> 10:00 Famous Places (CA) 2:00 Bingo (AR) 

## 7th Floor Recreation & Spiritual Calendar

### Locations Legend

Common Area (CA)

Main Dining Room (MDR)

Activity Room (AR)  
Resident's Room (RR)

Café (CAF)