

## Wexford Family Council Meeting Notes February 2026

Wexford Family Members,

Our monthly Family Council meeting was on Thursday, February 19. Our invited guest was Fida Al Khatib, Director Care.

Fida shared a presentation about Palliative Care at The Wexford. Two presentation documents are attached:

- Palliative Care Program
- CLRI Palliative Care Vs. End-of-Life Care

Some highlights from our discussion are:

- ✓ Palliative care at The Wexford is Comfort Care
- ✓ Goals of care should include the wishes of the resident
- ✓ Residents are normally assessed 4 times per year to update the Care Plan
- ✓ Care conferences with POA are scheduled for once per year. If a resident has experienced changes, a meeting and review will be scheduled as needed.

### Discussion with Fida

- Chiropody Care at the Wexford is being provided by On-Site Specialists
  - The foot care nurse will refer residents to the Chiropodist as required
  - The Resident Consent form was previously sent out in a separate e-mail message
  - If your resident is referred to the Chiropodist, please print and fill out the Chiropodist Services Consent form and drop it off to the nurse's station on your resident's floor.
  - Chiropody services are \$150.00 per visit
- Audiology Services at The Wexford are provided by On-Care Specialists
  - The Resident Consent form was previously sent out in a separate e-mail message
  - If you notice your resident is having difficulty hearing, please print and fill out the Audiology Services Resident Consent Form and drop it off at the nurse's station on your resident's floor.
  - The Nurse Practitioner, Barbara Bickle, will first check for wax and if that causing the hearing impairment, she will order treatments to remove the wax. As soon as the ear canal is free of wax and if the resident is still having challenges with their hearing, Barbara will prepare a referral to the Audiologist.
  - Audiology assessments cost \$150
- Dental Hygienist services are provided by Golden Care Dental Services
  - If your resident is already registered as a patient with Golden Care Dental Services, please make sure you schedule your resident's appointment with the hygienist no later than 48 hours ahead of the date the hygienist will be at The Wexford
  - If your resident is not already scheduled with Golden Care Dental Services, please contact them to complete the enrollment (Golden Care Dental Services brochure is attached).

### Discussion without Fida

#### Wexford Policy Reviews

- Review of Policy # 6.51 Reporting & Disclosing Resident Safety Incidents and Policy #6.71 Safety Incident Management has been completed. Feedback received was "can these be simplified or streamlined?" We will pass along this comment with our message about our completed review.

### Alzheimer's Presentations

- We are planning some Alzheimer's Family/Caregiver Education presentations. The topics that family members are most interested in learning about are:
  - 4. Understanding Behaviours & Supportive Communication
  - 5. Self-care for Care Partners
  - 8. Finding Joy & Humour in Caregiving
  - 15. Journey: Joint Open Unapologetic Reflection to Nourish and Energize Yourself
  - 19. Dementia, Delirium & Depression (3 D's)

To help us plan a schedule for all of these topics, please send the top 2 topics you are interested in to Linda at [lstrome@rogers.com](mailto:lstrome@rogers.com) by Friday, March 13. The first presentation will be on Thursday, April 16 at 230 p.m.

**Upcoming Family Council Meetings:**

March 19 – invited guest – Wayne Connelly, CEO

April 16 – Alzheimer’s presentation

Regards,

Linda Strome and Barbara Retz

Co-Chairs of the Wexford Family Liaison Council

Attachments:

- Palliative Care Program
- CLRI Palliative Care Vs. End-of-Life Care
- Golden Care Dental Services Brochure