



May 2026



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

Locations Legend

- Common Area (CA)
- Main Dining Room (MDR)
- Craft Room (CR)
- Resident's Lounge (RL)
- Activity Room (AR)
- Resident's Room (RR)
- Café (CAF)
- Off-Site (OS)
- Patio (PA)



Buddha Day **1**
 10:00 Calendar Handout (RR)
 10:30 Java Music Club (Group A) (CR)
 2:45 Entertainment with Brian (CA)

2:00 Bingo (AR) **2**

10:30 Sunday Hymn Sing (AR) **3**

Mental Health Week **4**
 10:00 Chair Yoga (CA)
 2:00 Café (CAF)

Cinco de Mayo **5**
 10:00 Riddles (CA)
 2:00 Cinco de Mayo with Michelle White (MDR)
 3:15 Physio Exercise Class (CA)

10:00 Hymn Sing with Bodene (MDR) **6**
 2:00 Famous Places (CA)

10:00 Friendly Visits (RR) **7**
 2:00 Word Games (CA)

10:00 No Morning Programs **8**
 2:00 Mother's Day Tea (RVSP Only) (MDR)

10:00 Meditation (CA) **9**
 2:00 Bingo (AR)

Mother's Day **10**
 10:30 Sunday Hymn Sing (AR)
 2:00 Mother's Day Travelling Cart (RL)

10:30 Workshop with Conny: Cherry Pie Cookies (MDR) **11**

2:00 Entertainment with Tony Puglisi (MDR) **12**
 3:15 Physio Exercise Class (CA)

No Programs Today **13**

10:00 Friendly Visits (RR) **14**
 2:00 Balloon Tennis (CA)

10:00 Gardening-Seed planting on floor (PA) **15**
 2:00 Java Music Club (AR)

2:00 Bingo (AR) **16**

2:00 Toronto City Church (AR) **17**

Victoria Day **18**
 10:00 Trivia: Victoria Day (CA)
 2:00 Patio Social (PA)

10:00 Meditation (CA) **19**
 2:00 Sponge Painting (CA)
 3:15 Physio Exercise Class (CA)

10:00 Catholic Mass (MDR) **20**
 2:00 Café (CAF)

Shavuot **21**
 10:00 Friendly Visits (RR)
 2:00 Riddles (CA)

10:00 Word Games (CA) **22**
 2:00 Disco Party with The Sparklettes (MDR)

10:00 Virtual Reality (CA) **23**
 2:00 Bingo (AR)

Pentecost **24**
 10:30 Sunday Hymn Sing (AR)
 2:00 Spa Time (CA)

Day of Arafah **25**
 2:00 Birthday Party with Yo (MDR)
 6:00 Karaoke (CA)

2:00 Tim Horton's Outing (For those signed up) (OS) **26**
 3:15 Physio Exercise Class (CA)

10:00 Hymn Sing with Bodene (MDR) **27**
 2:00 Reader's Circle (CA)

10:00 Friendly Visits (RR) **28**
 2:00 Helping Hands (CA)

10:30 Java Music Club (Group A) (CR) **29**
 2:00 Residents' Council Meeting (AR)

2:00 Bingo (AR) **30**

10:30 Sunday Hymn Sing (AR) **31**

"May, the month of sunshine, blooming flowers, and endless possibilities." - Unknown

6th Floor

Recreation and Spiritual Program Calendar