Wexford Family Liaison Council Meeting Notes – November 2025

Wexford Family Members,

Our monthly Family Liaison Council meeting was on Thursday, November 19. Our guest speaker was Natacha Dupuis from Family Councils Ontario. Natacha talked with us about the role of a Family Council in long-term care. Some of the key points are:

- ✓ A family council is an organized, self-led, self determining, democratic group composed of family and friends and persons of importance to residents of a long-term care home.
- ✓ Family council goals are support, teamwork, education and advocacy
- ✓ Benefits of a family council
    - A place for family/friends to go when they have questions
    - Improve the relationship between families, staff and home administration
    - A setting for on-going peer support (sharing feelings, emotions, thoughts)
    - A forum for education/learning about home operations, policy & procedures
    - An opportunity for families/friend of residents to identify shared issues
    - Allows families/friends to speak/communicate through a shared voice
- ✓ In regards to the powers of a family council she mentioned:
    - Provide assistance, information & advice to residents, family members and persons of importance to residents
    - Collaborate with Residents' council
    - Sponsor and plan activities for residents
    - Advise the home administration of any concerns

Our next meeting/event will be a potluck on Thursday, December 18 starting at 2:30 p.m.—please note time change. We have invited Waye Connelly to join us. If you would like to bring something to share with other family members, please do so. There is no need to bring anything to the potluck event. There will be plenty of food and beverages so we can celebrate the holiday season together.

We do not yet have our 2026 meeting dates and time confirmed and that information will be sent out as soon as it is available.

We welcome your comments.

Regards,

Linda Strome and Barbara Retz
Co-Chairs of the Wexford Family Liaison Council